



Ocean Wise[™]
A Vancouver Aquarium Conservation Program

Ocean Wise[®] Sustainable Seafood Catalogue

Ocean Wise's recommendations are based on 4 criteria. An Ocean Wise recommended species is:

- 1) **Abundant** and **resilient** to fishing pressures
- 2) **Well managed** with a comprehensive management plan based on current research
- 3) Harvested in a method that ensures **limited bycatch** on non-target and endangered species
- 4) Harvested in ways that **limit damage** to marine or aquatic habitats and negative interactions with other species

A FRESH CATCH SINCE 1987[®]



SEACORE.CA



A FRESH CATCH SINCE 1987[®]

Ocean Wise[®] Sustainable Seafood Catalogue



Tel. 905.856.6222 / 1.800.563.6222 | Fax. 905.856.9445 | www.seacore.ca | orders@seacore.ca

Item No.	SUSTAINABLE FISH & SEAFOOD		Product of / Wild or Farmed	Method of Catch/Harvest	U/M
108681	ARCTIC CHAR FIL 10-20 oz YUKON	FRESH 10LB PBO ICY WATERS	Yukon / Farmed	Inland Farmed	LB
108810	ARCTIC CHAR FIL ICELAND PBO	FRESH 10 LB 12oz-UP FARMED	Iceland / Farmed	Inland Farmed	LB
108840	ARCTIC CHAR PORTION 5-6oz 10LB	IVP SKIN-ON ICELAND	Iceland / Farmed	Inland Farmed	LB
205000	ARCTIC CHAR PORTIONS 315g	10/CS HOUSECUT RETAIL ICELAND	Iceland / Farmed	Inland Farmed	EA
120084	BARRAMUNDI FILLETS 12oz-UP	10LB SK-ON AUSTRALIS VIETNAM	Vietnam / Farmed	Australis Farm	LB
120215	BARRAMUNDI PORTIONS 6oz	IVP 26pc/CS AUSTRALIS VIETNAM	Vietnam / Farmed	Australis Farm	EA
145200	BLACK COD FILLET WILD	*SABLE* BY/LB CANADA	Canada / Wild	Bottom Longline/Trap	LB
145250	BLACK COD FILLETS VP IQF	10KG/22.05 LB SKIN-ON W175	Canada / Wild	Bottom Longline/Trap	LB
145280	BLACK COD J-CUT 5-7 LB IQF	#1 FAS LONG-LINE 50LB	Canada / Wild	Bottom Longline/Trap	LB
145320	BLACK COD J-CUT 9LB UP IQF	#1 FAS LONG-LINE 50LB B.C.	Canada / Wild	Bottom Longline/Trap	LB
145360	BLACK COD WHOLE H&G WILD	FRESH PF BY/LB	Canada / Wild	Bottom Longline/Trap	LB
145410	BLACK COD/SABLEFISH 340g IVP	10/CASE HOUSECUT RETAIL CANADA	Canada / Wild	Bottom Longline/Trap	EA
242520	CATFISH FILLET 5-7 oz	FRESH 10 LB	U.S.A. / Farmed	Inland Farmed	LB
242640	CATFISH FILLET 6-12 oz	FRESH 10 LB	U.S.A. / Farmed	Inland Farmed	LB
242680	CATFISH FILLET CAJUN	FRESH ** 10 LB	U.S.A. / Farmed	Inland Farmed	LB
242906	CATFISH FILLET GRND *WF*	FRESH 10 LB *ALL NATURAL* USA	U.S.A. / Farmed	Inland Farmed	LB
242760	CATFISH FILLET ITALIAN	FRESH ** 10 LB	U.S.A. / Farmed	Inland Farmed	LB
242880	CATFISH FILLET LEMON PEPPER	FRESH 10 LB	U.S.A. / Farmed	Inland Farmed	LB
243596	CAVIAR NORTHERN DIVINE 125g	EACH B.C. STURGEON	Canada / Farmed	Inland Farmed	EA
243590	CAVIAR NORTHERN DIVINE 30g	EACH B.C. STURGEON	Canada / Farmed	Inland Farmed	EA
243594	CAVIAR NORTHERN DIVINE 50g	EACH B.C. STURGEON	Canada / Farmed	Inland Farmed	EA
243585	CAVIAR STURGEON ATLANTIC 30g	NB ACADIAN STURG. *WHITE LABEL	Canada / Farmed	Inland Farmed	EA
243591	CAVIAR PLATINUM W.C. 30g	EACH FRASER STURGEON BLACK	Canada / Farmed	Inland Farmed	EA
243287	CAVIAR SALMON CHUM 100g	12/CS #1A IKURA WCS CANADA	Canada / Wild	Gill Net / Troll	EA
243280	CAVIAR SALMON CHUM 24x500g	#1 IKURA Wild Canada	Canada / Wild	Gill Net / Troll	EA
270215	CLAM GEODUCK	FRESH/FROZEN BY/LB	U.S.A. / Farmed	Cultured	LB

as of 5/16/2017 - Please contact us for our full list of quality fish seafood.



A FRESH CATCH SINCE 1987[®]

Ocean Wise[®] Sustainable Seafood Catalogue



Tel. 905.856.6222 / 1.800.563.6222 | Fax. 905.856.9445 | www.seacore.ca | orders@seacore.ca

Item No.	SUSTAINABLE FISH & SEAFOOD		Product of / Wild or Farmed	Method of Catch/Harvest	U/M
269200	CLAM MEAT 300-500p/k 10x2.21LB	22.05LB IQF CKD OceanPrime	China / Farmed	Cultured	LB
270560	CLAM WH-CKD 15-25pLB 12x2x500g	Brown Shell OceanPrime Printed	China / Farmed	Cultured	EA
269755	CLAMS LITTLENECK 5 LB	CASE FRESH USA	U.S.A. / Wild	Dredge	LB
269760	CLAMS LITTLENECK BY/BAG	FRESH 400 CT USA	U.S.A. / Wild	Dredge	BG
269602	CLAMS CHERRYSTONE 5 LB	FRESH RHODE ISLAND, USA	U.S.A. / Wild	Dredge	LB
269600	CLAMS CHERRYSTONE BY/BAG	FRESH 160 CT USA	U.S.A. / Wild	Dredge	BG
269923	CLAMS MANILA 2x10 LB	CASE LIVE BC CANADA	Canada / Farmed	Cultured	LB
270201	CLAMS PASTANECK 10 LB	FRESH BAG FARMED USA CS-	U.S.A. / Farmed	Cultured	LB
270202	CLAMS PASTANECK 5 LB BAG	FRESH FARMED USA	U.S.A. / Farmed	Cultured	LB
270208	CLAMS SAVOURY 2x5 LB	CASE LIVE FARMED BC CANADA	Canada / Farmed	Cultured	LB
277890	COD FILLET PACIFIC *MSC*	10 LB CASE ALASKA	Alaska, U.S.A. / Wild	Bottom Longline	LB
277835	COD FILLET PACIFIC S/P 8-32oz	FZ 3x15LB MSC*CERTIFIED	Alaska, U.S.A. / Wild	Bottom Longline	LB
277904	COD ICELANDIC FILLET 16-32oz+	FRESH 10 LB CASE MSC-C-51042	Iceland / Wild	MSC Bottom Longline	LB
717550	CRAB CLUSTER 8-10oz *11.02 LB	*MSC* ATL SNOW #1 RED	Canada / Wild	Trap	LB
351360	CRAB DUNGENESS WHOLE 1.5LB-up	30LB COOKED - BORNSTEIN	Canada / Wild	Trap	LB
299120	CRAB LIVE DUNGENESS	FRESH	Canada / Wild	Trap	LB
111170	CRAB MEAT COMBO ROCK 2 LB	6/CS BELLE RIVER CASE CANADA	Canada / Wild	Trap	LB
111120	CRAB MEAT COMBO ROCK 400g	12/CASE Luxury - #1048682	Canada / Wild	Trap	EA
351281	CRAB MEAT DUNGENESS 5 LB *TIN*	FROZEN COOKED #1	Canada / Wild	Trap	LB
111160	CRAB MEAT SALAD ROCK 5 LB	6/CASE LUXURY 1048690	Canada / Wild	Trap	LB
299260	CRAB MEAT IMITATION Flake 680g	20/CS APO VP OceanPrime China	China / Wild	Midwater Trawl	EA
299683	CRAB STONE CLAWS * LARGE *	FRESH BY/LB FLORIDA COOKED USA	U.S.A. / Wild	Trap	LB
299685	CRAB STONE CLAWS * MEDIUM *	FRESH BY/LB FLORIDA COOKED	U.S.A. / Wild	Trap	LB
635325	CRAB LEGS 20-24 GOLD *SPLIT*	10LB OceanPrime	U.S.A. / Wild	Trap	LB
635440	CRAB LEGS 04-7 Red King CS	Whole 20 LB - INTERSEA	U.S.A. / Wild	Trap	LB
635451	CRAB LEGS SPLIT KING 1.5LB	10x680g CASE OCEANPRIME	U.S.A. / Wild	Trap	EA

as of 5/16/2017 - Please contact us for our full list of quality fish seafood.



A FRESH CATCH SINCE 1987[®]

Ocean Wise[®] Sustainable Seafood Catalogue



Tel. 905.856.6222 / 1.800.563.6222 | Fax. 905.856.9445 | www.seacore.ca | orders@seacore.ca

Item No.	SUSTAINABLE FISH & SEAFOOD		Product of / Wild or Farmed	Method of Catch/Harvest	U/M
635520	CRAB LEGS 06-9 Red King CS	Whole 20 LB - INTERSEA	U.S.A. / Wild	Trap	LB
635640	CRAB LEGS 09-12 Red King CS	Whole 20 LB - INTERSEA	U.S.A. / Wild	Trap	LB
635800	CRAB LEGS 12-14 Red King CS	Whole 20 LB - INTERSEA	U.S.A. / Wild	Trap	LB
635920	CRAB LEGS 14-17 Red King CS	Whole 20 LB - INTERSEA	U.S.A. / Wild	Trap	LB
636120	CRAB LEGS 20-24 Red King CS	Whole 20 LB - INTERSEA	U.S.A. / Wild	Trap	LB
760360	CRAB CLAW STONE FLORIDA IQF	454g WILD USA OCEANPRIME	U.S.A. / Wild	Trap	BG
414750	HADDOCK FILLET 4-6oz IQF	10 LB CASE PROD. OF CANADA	Canada / Wild	Hook & Line	LB
414760	HADDOCK FILLET 6-8oz IQF 10LB	CANADA OCEAN WISE/MSC-C-51042	Canada / Wild	Hook & Line	LB
414740	HADDOCK PORTION 454g IVP	10/CASE HOUSECUT RETAIL CANADA	Canada / Wild	Hook & Line	EA
418260	HALIBUT *MSC* FILLET S/ON IQF	CS VP 30LB USA MSC-C-51042	Canada / Wild	Bottom Longline	LB
418411	HALIBUT 4oz MARKET CUT IVP	40PC/CASE PORTIONS ALASKA	USA / Wild	Bottom Longline	EA
418412	HALIBUT 5oz MARKET CUT PORTION	IQF 32pcs/CASE ALASKA	USA / Wild	Bottom Longline	EA
418414	HALIBUT 6oz PORTIONS IVP SL	26PC/CS SKINLESS ALASKA 10 LB	USA / Wild	Bottom Longline	EA
418420	HALIBUT 8oz PORTIONS IVP SL	20PC/CS SKINLESS ALASKA 10 LB	USA / Wild	Bottom Longline	EA
418780	HALIBUT BURGERS 12x4x4oz	WILD *WCS* CANADA	Canada / Wild	Bottom Longline	EA
418160	HALIBUT FILLET *SKINLESS*	FRESH WILD NW CANADA	Canada / Wild	Bottom Longline	LB
418215	HALIBUT FILLET FARMED	FRESH BY/LB CANADA HOUSECUT C.	Canada / Farmed	Inland Farmed	LB
418120	HALIBUT FILLET WEST COAST	FRESH WILD NW CANADA	Canada / Wild	Bottom Longline	LB
418270	HALIBUT FLETCH 1-3 LB IQF	ALASKAN 25LB FROZEN	USA / Wild	Bottom Longline	LB
418275	HALIBUT FLETCH 3-5 LB IQF	ALASKAN 25LB FROZEN	USA / Wild	Bottom Longline	LB
418320	HALIBUT FLETCH 5-8 LB IQF	ALASKAN 25LB FROZEN	USA / Wild	Bottom Longline	LB
418440	HALIBUT H&G 10-20 LB FRESH	**WHOLE** CANADA	Canada / Wild	Bottom Longline	LB
417920	HALIBUT H&G 10-20 LB FROZEN	ALASKA TW-TOTE MSC-C-51042	USA / Wild	Bottom Longline	LB
418520	HALIBUT H&G 20-40 LB FRESH	**WHOLE** CANADA	Canada / Wild	Bottom Longline	LB
417960	HALIBUT H&G 20-40 LB FROZEN	ALASKA 200 LB MSC-C-51042	USA / Wild	Bottom Longline	LB
418545	HALIBUT H-ON WHOLE FARMED	FRESH\FRZ 50LB *TW* CS CANADA	Canada / Farmed	Inland Farmed	LB

as of 5/16/2017 - Please contact us for our full list of quality fish seafood.



A FRESH CATCH SINCE 1987[®]

Ocean Wise[®] Sustainable Seafood Catalogue



Tel. 905.856.6222 / 1.800.563.6222 | Fax. 905.856.9445 | www.seacore.ca | orders@seacore.ca

Item No.	SUSTAINABLE FISH & SEAFOOD		Product of / Wild or Farmed	Method of Catch/Harvest	U/M
418268	HALIBUT PORTIONS 340g IVP	10/CASE HOUSECUT RETAIL CANADA	Canada / Wild	Bottom Longline	EA
418268	HALIBUT PORTIONS 340g IVP	10/CASE HOUSECUT RETAIL CANADA	Canada / Wild	Bottom Longline	EA
420280	HERRING FIL BISMARK 3.75K	FEATURE	Canada / Wild	Purse Seine	EA
420330	HERRING FIL BISMARK 320g	FEATURE 12/CS CANADA	Canada / Wild	Purse Seine	EA
420360	HERRING FIL IN WINE 3.75K	FEATURE CANADA	Canada / Wild	Purse Seine	CS
420440	HERRING FIL IN WINE 600g	FEATURE 12/CS CANADA	Canada / Wild	Purse Seine	EA
420520	HERRING FIL MATJES 240g	FEATURE 12/CS	Canada / Wild	Purse Seine	EA
420560	HERRING FIL MATJES/ICELANDIC	FEATURE 4 KG	Canada / Wild	Purse Seine	CS
420640	HERRING FIL ROLLMOP 3.75K	PAIL FEATURE	Canada / Wild	Purse Seine	CS
420680	HERRING FIL ROLLMOPS 320g	FEATURE 12/CS CANADA	Canada / Wild	Purse Seine	EA
421200	HERRING LUNCH CUT 320g	FEATURE 12/CS CANADA	Canada / Wild	Purse Seine	EA
421220	HERRING THICK CUT EURO 620g	FEATURE 12/CS CANADA	Canada / Wild	Purse Seine	EA
421460	HERRING WHOLE PICKLED 620g	FEATURE 12/CS CANADA	Canada / Wild	Purse Seine	EA
444120	KINGFISH FILLET	FRESH USA HOUSECUT CERTIFIED	U.S.A. / Wild	Hook & Line	LB
444080	KINGFISH STEAKS	FRESH BY/LB USA HOUSECUT CERT.	U.S.A. / Wild	Hook & Line	LB
444495	KINGFISH WHOLE	FRESH FLORIDA	U.S.A. / Wild	Hook & Line	LB
464130	MACKEREL FILLETS - REGULAR	FROZEN 12 KG / 26.46 LB	Canada / Wild	Gill Net	LB
464125	MACKEREL FILLETS	BY/LB NW HOUSECUT CERTIFIED	Canada / Wild	Gill Net	LB
463520	MACKEREL GUTTED H/ON	FRESH NW HOUSECUT CERTIFIED	Canada / Wild	Gill Net	LB
463080	MACKEREL WHOLE		Canada / Wild	Gill Net	LB
464120	MACKEREL WHOLE CS-	FRESH ATLANTIC USA	Canada / Wild	Gill Net	LB
463845	MACKEREL SPANISH FILLETS FRESH	BY LB USA	U.S.A. / Wild	Handline Caught	LB
463840	MACKEREL SPANISH MEDIUM	FRESH	U.S.A. / Wild	Handline Caught	LB
484450	MUSSEL *MAP TRAY 12/CS	FRESH 12x908g CANADIAN COVE	Canada / Farmed	Rope Cultured	CS
484200	MUSSEL *ORWELL COVE* 10LB	FRESH LARGE WYSE BAY PEI	Canada / Farmed	Rope Cultured	LB
145800	MUSSEL 1/2 SHELL SM NZ 12x2LB	Box - IQF - New Zealand	New Zealand / Farmed	Rope Cultured	LB

as of 5/16/2017 - Please contact us for our full list of quality fish seafood.



A FRESH CATCH SINCE 1987[®]

Ocean Wise[®] Sustainable Seafood Catalogue



Tel. 905.856.6222 / 1.800.563.6222 | Fax. 905.856.9445 | www.seacore.ca | orders@seacore.ca

Item No.	SUSTAINABLE FISH & SEAFOOD		Product of / Wild or Farmed	Method of Catch/Harvest	U/M
484141	MUSSEL P.E.I. 10LB BAG	FRESH CULTURED CANADIAN COVE	Canada / Farmed	Rope Cultured	LB
484131	MUSSEL P.E.I. 25LB BAG	FRESH CULTURED CANADIAN COVE	Canada / Farmed	Rope Cultured	LB
484134	MUSSEL P.E.I. 50LB CS	FRESH CULTURED CANADIAN COVE	Canada / Farmed	Rope Cultured	LB
484207	MUSSEL WC GALLO 3x10LB	CASE LIVE FARMED WSH USA	U.S.A. / Farmed	Rope Cultured	LB
484961	MUSSEL WHOLE 20-35p/lb 5x2LB	CKD VP Pier-33 Chile	Chile / Farmed	Rope Cultured	LB
496960	OCTOPUS T4 2-4 LB SPAIN	CASE 30 LB #1 POT CAUGHT	Spain / Wild	Pot Caught	LB
496520	OCTOPUS T1 B.C. GIANT FROZEN	20-25 LB EACH OCEAN WISE	Canada / Wild	Trap Caught	LB
516332	OYSTER *10 PC* - CASCUMPEC BAY	CASE CHOICE 11x10pc BAG PEI	Canada / Farmed	Dredge	CS
516120	OYSTER 1/2 SHELL 6x20pc=120cs	#1 Select - CHESAPEAKE PRIDE	U.S.A. / Farmed	Dredge	CS
516125	OYSTER 1/2 SHELL RETAIL	9x12pc/Tray OceanPrime	Canada / Farmed	Dredge	EA
516230	OYSTER 100 CT - AVONLEA PETITE	CASE CHOICE FARM PEI 2.5-3"	Canada / Farmed	Dredge	CS
516240	OYSTER 100 CT - BEAU SOLEIL	CASE CHOICE FARM NB 2.5"	Canada / Farmed	Dredge	CS
516250	OYSTER 100 CT - BLACKBERRY PT	CASE CHOICE FARM PEI 3.5"	Canada / Farmed	Dredge	CS
516320	OYSTER 100 CT - CARAQUET	CASE CHOICE PORTAGE ISL 3.5"	Canada / Farmed	Dredge	CS
516330	OYSTER 100 CT - CASCUMPEC BAY	CASE CHOICE FARM PEI 3.25-3.5"	Canada / Farmed	Dredge	CS
516341	OYSTER 100 CT - DAISY BAY	CASE CHOICE FARM PEI 3-3.5"	Canada / Farmed	Dredge	CS
516347	OYSTER 100 CT - GOOSEBERRY BAY	CASE CHOICE FARM PEI 2.5-3"	Canada / Farmed	Dredge	CS
516346	OYSTER 100 CT - GREEN GABLES	CASE CHOICE FARM PEI 3-3.5"	Canada / Farmed	Dredge	CS
516345	OYSTER 100 CT - GLACIER BAY	CASE CHOICE FARM NB 2.5-3"	Canada / Farmed	Dredge	CS
516352	OYSTER 40 CT - HUMMOCK ISLAND	CASE CHOICE FARM CT, USA 3-4"	USA / Farmed	Dredge	CS
516461	OYSTER 100 CT - OLDE SALTS	CASE FARM VIRGINIA USA 2.75-3"	USA / Farmed	Dredge	CS
516410	OYSTER 100 CT - PICKLE POINT	CASE CHOICE FARM PEI 3-3.5"	Canada / Farmed	Dredge	CS
516412	OYSTER 100 CT - PINK MOON	CASE CHOICE FARM PEI 3.5-3"	Canada / Farmed	Dredge	CS
516415	OYSTER 100 CT-PRINCESS DELIGHT	CASE CHOICE FARM PEI 3-3.25"	Canada / Farmed	Dredge	CS
516468	OYSTER 100 CT - RAPPAHANNOCK	CASE FARM VIRGINIA USA 2.75-3"	U.S.A. / Farmed	Dredge	CS
516470	OYSTER 100 CT - RASPBERRY POINT	CASE CHOICE FARM PEI 3.5"+	Canada / Farmed	Dredge	CS

as of 5/16/2017 - Please contact us for our full list of quality fish seafood.



A FRESH CATCH SINCE 1987[®]

Ocean Wise[®] Sustainable Seafood Catalogue



Tel. 905.856.6222 / 1.800.563.6222 | Fax. 905.856.9445 | www.seacore.ca | orders@seacore.ca

Item No.	SUSTAINABLE FISH & SEAFOOD		Product of / Wild or Farmed	Method of Catch/Harvest	U/M
516481	OYSTER 100 CT - SAVAGE BLONDE	CASE CHOICE FARM PEI 3-3.5"	Canada / Farmed	Dredge	CS
516390	OYSTER 100 CT - SHEMOGUE SMALL	CASE CHOICE FARM NB 2.5-3"	Canada / Farmed	Dredge	CS
516479	OYSTER 100 CT - SOUTH LAKE	CASE CHOICE FARM PEI 3-4"	Canada / Farmed	Dredge	CS
516552	OYSTER 100 CT - WELLFLEET	CASE FARM CAPE COD USA 3-4"	U.S.A. / Farmed	Dredge	CS
516558	OYSTER 50 CT - KELLY GIGAS	CASE CHOICE FARM IRELAND 3"+	Ireland / Farmed	Dredge	CS
516913	OYSTER 12 CT - BEACH WEST C.	BAG JUMBO FARM BC 5-6"	Canada / Farmed	Dredge	BG
516665	OYSTER 60 CT - FRENCH KISS	CASE CHOICE FARM NB 3"+	Canada / Farmed	Dredge	CS
516580	OYSTER 60 CT - KUMAMOTO	CASE FARM WASHINGTON USA 2.5"+	U.S.A. / Farmed	Dredge	CS
516886	OYSTER 70 CT - GREEN GABLES	CASE CHOICE FARM PEI 4-5"	Canada / Farmed	Dredge	CS
516887	OYSTER 75 CT - *STANDARDS GG	CS FRM GREEN GABLES PEI 3-3.5"	Canada / Farmed	Dredge	CS
516654	OYSTER 30 CT - JERSEY ROCK	CS CHOICE FARM ENGLAND 3-3.5"	England / Farmed	Dredge	CS
516658	OYSTER 30 CT - WEST MERSEA ROCK	CS CHOICE FARM ENGLAND 3-3.5"	England / Farmed	Dredge	CS
516930	OYSTER 60 CT - EFFINGHAM	BAG CHOICE FARM BC 3-3.75"	Canada / Farmed	Dredge	BG
516915	OYSTER 12 CT - VILLAGE BAY	CASE 8x12PC RETAIL PACK NB	Canada / Farmed	Dredge	EA
517041	OYSTER SHUCKED WEST COAST 8 oz	12/CASE PLASTIC TUB	Canada / Farmed	Dredge	EA
258095	PATAGONIA SEA BASS 227g VP	10/CS HOUSECUT RET. TOOTHFISH	South Gerogia Isl./ Wild	Longline MSC Only	EA
258084	PATAGONIA SEA BASS 6-8oz PT	10LB CS IVP FRANCE TOOTHFISH	South Gerogian Isl./ Wild	Longline MSC Only	LB
258140	PATAGONIA SEA BASS MSC FILLET	REFRESH FRANCE TOOTHFISH	South Gerogia Isl./ Wild	Longline MSC Only	LB
258145	PATAGONIA SEA BASS PRT SK-ON	BY/LB FRANCE TOOTHFISH	South Gerogia Isl./ Wild	Longline MSC Only	LB
258130	PATAGONIA SEA BASS**MSC** H&G	/LB FRANCE TOOTHFISH	South Gerogia Isl./ Wild	Longline MSC Only	LB
575680	PICKEREL FILLET #1 8 oz-UP	10 LB NET WEIGHT cs- CANADA	Canada / Wild	Seine Net	LB
575821-b	WHOLE PICKEREL	FRESH BY/LB	Canada / Wild	Seine Net	LB
664130	SALMON **MSC** COHO *SCALED*	FRESH WILD USA MSC-C-51042	Alaska / Wild	Gill Net / Troll	LB
664247	SALMON **MSC** COHO FILLETS	FRESH *WILD* USA MSC-C-51042	Alaska / Wild	Gill Net / Troll	LB
664125	SALMON **MSC** COHO WHOLE WILD	FRESH 55 LB/TW USA MSC-C-51042	Alaska / Wild	Gill Net / Troll	LB
666050	SALMON **MSC** SOCKEYE FILLETS	FRESH *WILD* CANADA	Alaska / Wild	Gill Net / Troll	LB

as of 5/16/2017 - Please contact us for our full list of quality fish seafood.



A FRESH CATCH SINCE 1987[®]

Ocean Wise[®] Sustainable Seafood Catalogue



Tel. 905.856.6222 / 1.800.563.6222 | Fax. 905.856.9445 | www.seacore.ca | orders@seacore.ca

Item No.	SUSTAINABLE FISH & SEAFOOD		Product of / Wild or Farmed	Method of Catch/Harvest	U/M
665885	SALMON **MSC** SOCKEYE WHOLE	FRESH 55 LB/TW USA MSC-C-51042	Alaska / Wild	Gill Net / Troll	LB
666450	SALMON *MSC* COHO PORT 6-8oz	IVP 10 LB CASE USA MSC-C-51042	Alaska / Wild	Gill Net / Troll	LB
666440	SALMON *WILD* SPRING FILLET	SKIN-ON PBO*WILD* CANADA	Canada / Wild	Gill Net / Troll	LB
661740	KUTERRA SALMON FILLET	FRESH BY/LB B.C. FARMED ATL.	Canada / Farmed	Land-based	LB
660761	SALMON ATL WHOLE KUTERRA *S*	FRESH BY/LB TW BC SCALED FARM	Canada / Farmed	Land-based	LB
660760	SALMON ATL WHL KUTERRA 6-10 LB	30LB TW FRESH B.C. FARM	Canada / Farmed	Land-based	LB
663864	SALMON BURGERS Sockeye12x4x4oz	WILD *WCS*	Canada / Wild	Gill Net / Troll	EA
664121	SALMON COHO 4 UP *WILD*	FRESH WHOLE 55 LB/TW CANADA	Canada / Wild	Gill Net / Troll	LB
664080	SALMON COHO 4 UP WHOLE *S*	FRESH *WILD* **SCALED**	Canada / Wild	Gill Net / Troll	LB
664200	SALMON COHO FIL *WILD*	FRESH USA HOUSECUT CERT.	Canada / Wild	Gill Net / Troll	LB
664455	SALMON COHO FIL 2-3 SOBL WILD	30 LB TROLL-CANADA MSC-C-51042	Canada / Wild	Gill Net / Troll	LB
666445	SALMON COHO FIL IVP RAW MSC	22.05 LB CASE NANUK BC W116	Alaska / Wild	Gill Net / Troll	LB
664255	SALMON COHO STEAKS *WILD*	FRESH T/W *HOUSECUT CERTIFIED	Canada / Wild	Gill Net / Troll	LB
661745	SALMON FAIRCRAFT FILLET PBO	FRESH BY/LB TRIM D PEI FARM	Canada / Farmed	Land-based	LB
660766	SALMON FAIRCRAFT *SCALED*	FRESH BY/LB GUTTED PEI	Canada / Farmed	Land-based	LB
661748	SALMON FAIRCRAFT PORTIONS PEI	FRESH BY/LB CANADA OCEAN WISE	Canada / Farmed	Land-based	LB
660765	SALMON FAIRCRAFT WHOLE PEI	8-12LB SIZE FRESH 40LB CS TW	Canada / Farmed	Land-based	LB
660770	SALMON ATL BLUE CIRCLE WHL	CS 55 LB TW 5-6KG NORWAY	Norway / Farmed	Open Net	LB
660772	SALMON ATL BLUE CIRCLE *S*	BY/LB *SCALED* NORWAY	Norway / Farmed	Open Net	LB
661750	SALMON ATL BLUE CIRCLE FILLETS	BY/LB HOUSECUT NORWAY	Norway / Farmed	Open Net	LB
661753	SALMON BLUE CIRCLE PORTIONS	BY/LB HOUSECUT NORWAY	Norway / Farmed	Open Net	LB
666465	SALMON ORA KING 7.5oz PORTIONS	21 PCS/CS 10LB NEW ZEALAND	New Zealand / Farmed	Open Net	EA
665401	SALMON RED SPRING *WILD* 7/18	FRESH WHOLE 55 LB/TW CANADA	Canada / Wild	Gill Net / Troll	LB
666485	SALMON RED SPRING H&G 11/18	FROZEN 50 LB TW FAS	Canada / Wild	Gill Net / Troll	LB
665440	SALMON RED SPRING WILD *S*	FRESH *WILD* **SCALED**	Canada / Wild	Gill Net / Troll	LB
666965	SALMON SOCKEYE *HAIDA* WOOD BX	12/CS SIGNATURE WCS WHS16S-WC	Canada / Wild	Gill Net / Troll	EA

as of 5/16/2017 - Please contact us for our full list of quality fish seafood.



A FRESH CATCH SINCE 1987[®]

Ocean Wise[®] Sustainable Seafood Catalogue



Tel. 905.856.6222 / 1.800.563.6222 | Fax. 905.856.9445 | www.seacore.ca | orders@seacore.ca

Item No.	SUSTAINABLE FISH & SEAFOOD		Product of / Wild or Farmed	Method of Catch/Harvest	U/M
665840	SALMON SOCKEYE *SCALED*	FRESH *WILD* 4-LB SIZE T/W	Canada / Wild	Gill Net / Troll	LB
665881	SALMON SOCKEYE *WILD* WHOLE	FRESH 4-9LB 55LB T/W USA/CAN	Canada / Wild	Gill Net / Troll	LB
666956	SALMON SOCKEYE 454g RETORT PK	12/CS DRY WCS RGB16S-WC-1	Canada / Wild	Gill Net / Troll	EA
666092	SALMON SOCKEYE 340g IVP	10/CASE HOUSECUT RETAIL CANADA	Canada / Wild	Gill Net / Troll	EA
666952	SALMON SOCKEYE 113g RETORT PK	50/CS DRY WCS RGB4S-WC	Canada / Wild	Gill Net / Troll	EA
666085	SALMON SOCKEYE 6oz SKINLESS	IQF 66 PTN/CS VP CHINA	Canada / Wild	Gill Net / Troll	EA
666959	SALMON SOCKEYE 227g *CEDAR PK	20/CS DRY RETORT WCS CB8S-WC	Canada / Wild	Gill Net / Troll	EA
666005	SALMON SOCKEYE FIL 1-3LB IQF	FRZ 25 LB CANADA *WF* PBO	Canada / Wild	Gill Net / Troll	LB
665921	SALMON SOCKEYE FIL 2-3 LB SKON	FRZ 22.05LB VP NANUK CAN W105	Canada / Wild	Gill Net / Troll	LB
666010	SALMON SOCKEYE FIL IQF *MSC*	CS 20 LB VP JOHNSTONE STRAIT	Alaska / Wild	Gill Net / Troll	LB
665895	SALMON SOCKEYE H&G 4-6 PREMIUM	FROZEN 50 LB TW	Canada / Wild	Gill Net / Troll	LB
666910	SALMON SOCKEYE IN CAN 213g	48/CS *WILD WCS C213S-WC	Canada / Wild	Gill Net / Troll	EA
666084	SALMON SOCKEYE PT 6oz	2x6oz VP 20BG (40 PTNS) CANADA	Canada / Wild	Gill Net / Troll	EA
666082	SALMON SOCKEYE PT 6oz MSC	CS IVP 8.82 LB NANUK W102	Canada / Wild	Gill Net / Troll	LB
421441	SALTED HERRING FRESH	20 LB PAIL IN BRINE	Canada / Wild	Purse Seine	LB
677161	SCALLOPS 10-20 ** DRY ** TUBS	FRESH 8 LB WYSE BAY ATL USA	U.S.A. / Wild	Dredge	LB
677121	SCALLOPS U-10 ** DRY ** TUBS	FRESH 8 LB WYSE BAY ATL USA	U.S.A. / Wild	Dredge	LB
677130	SCALLOPS U-12 ** DRY ** TUBS	FRESH 8 LB WYSE BAY ATL USA	U.S.A. / Wild	Dredge	LB
677455	SCALLOPS 0U-10ct 10x454g	Retail - USA DRY - OceanPrime	U.S.A. / Wild	Dredge	LB
677540	SCALLOPS 10-20 *MSC* 6x5LB	CASE CANADA MSC-C-51042	Canada / Wild	Dredge	LB
677640	SCALLOPS 10-20ct Dry USA 2x5LB	IQF #1 OLIVIA	U.S.A. / Wild	Dredge	LB
677720	SCALLOPS 10-20ct Peru 20x454g	OceanPrime - HC	Peru / Farmed	Off-bottom Culture	LB
677804	SCALLOPS 20-30ct Dry*OW* 2x5LB	Ocean Wise OLIVIA Peru	Peru / Farmed	Off-bottom Culture	LB
677840	SCALLOPS 20-30ct PERU 6X5 LB	#1 DRY - OceanPrime	Peru / Farmed	Off-bottom Culture	LB
678020	SCALLOPS 40/60ct *OW* 2x5LB	Ocean Wise - PERU OLIVIA	Peru / Farmed	Off-bottom Culture	LB
678080	SCALLOPS 60-90ct 20x454g	OceanPrime - PRINTED STAND UP	China / Farmed	Off-bottom Culture	LB

as of 5/16/2017 - Please contact us for our full list of quality fish seafood.



A FRESH CATCH SINCE 1987[®]

Ocean Wise[®] Sustainable Seafood Catalogue



Tel. 905.856.6222 / 1.800.563.6222 | Fax. 905.856.9445 | www.seacore.ca | orders@seacore.ca

Item No.	SUSTAINABLE FISH & SEAFOOD		Product of / Wild or Farmed	Method of Catch/Harvest	U/M
677370	SCALLOPS 08-10 HOKKAIDO 20X1LB	CS #1 SASHIMI OCEANPRIME JAPAN	Japan / Farmed	Off-bottom Culture	LB
677400	SCALLOPS 08-10 HOKKAIDO 6x5LB	CS #1 SASHIMI CLEAROCEAN JAPAN	Japan / Farmed	Off-bottom Culture	LB
677480	SCALLOPS 14-16 HOKKAIDO 6x5LB	CS #1 SASHIMI CLEAROCEAN JAPAN	Japan / Farmed	Off-bottom Culture	LB
677760	SCALLOPS 14-16 HOKKAIDO 24X1LB	CS #1 SASHIMI OCEANPRIME JAPAN	Japan / Farmed	Off-bottom Culture	LB
684720	SEA URCHIN WHOLE LIVE	FRESH BY/LB CANADA/USA	USA / Wild	Diver Caught	LB
684680	SEA URCHIN ROE *UNI*	EACH FRESH 130g	USA / Wild	Diver Caught	EA
705000	SHRIMP PDTON 08-12*BT ASC Case	20x340g OCEANPRIME VIETNAM	Vietnam / Wild	ASC Ponds	EA
705140	SHRIMP PDTON 13-15 SELVA BT	20x1 LB CS BLACK TIGER VIETNAM	Vietnam / Farmed	Controlled Mangroves	LB
705210	SHRIMP PDTON 13-15*BT ASC Case	20x340g OCEANPRIME VIETNAM	Vietnam / Wild	ASC Ponds	EA
705340	SHRIMP PDTON 16-20 SELVA BT	10X2LB CASE BLACK TIGER	Vietnam / Farmed	Controlled Mangroves	LB
705220	SHRIMP PDTON 16-20*BT ASC Case	20x340g OCEANPRIME VIETNAM	Vietnam / Wild	ASC Ponds	EA
705230	SHRIMP PDTON 21-25*BT ASC Case	20x340g OCEANPRIME VIETNAM	Vietnam / Wild	ASC Ponds	EA
705640	SHRIMP PDTON 26-30*BT ASC Case	20x340g OCEANPRIME VIETNAM	Vietnam / Wild	ASC Ponds	EA
706250	SHRIMP PDTON 31-40 SELVA BT	20X454 CS VIETNAM BLACK TIGER	Vietnam / Farmed	Controlled Mangroves	LB
705250	SHRIMP PDTON 31-40*BT ASC Case	20x340g OCEANPRIME VIETNAM	Vietnam / Wild	ASC Ponds	EA
703110	SHRIMP SELVA COOKED 31/40ct	20X454g CASE T-ON VIETNAM	Vietnam / Farmed	Controlled Mangroves	LB
699664	SHRIMP SO 16-20 WT* 20x454g	USA OCEAN WISE	U.S.A. / Farmed	Inland Controlled	LB
699040	SHRIMP SOEP 08-12 *BT ASC Case	20x340g OCEANPRIME VIETNAM	Vietnam / Wild	ASC Ponds	EA
699510	SHRIMP SOEP 16-20 *BT ASC Case	20x340g OCEANPRIME VIETNAM	Vietnam / Wild	ASC Ponds	EA
699482	SHRIMP SOEP 16-20 *BT SELVA	CS 20x454g BLACK TIGER VIETNAM	Vietnam / Farmed	Controlled Mangroves	LB
699740	SHRIMP SOEP 26-30 *BT ASC Case	20x340g OCEANPRIME VIETNAM	Vietnam / Wild	ASC Ponds	EA
699685	SHRIMP SOEP 26-30 *BT SELVA	20x454g CASE VIETNAM	Vietnam / Farmed	Controlled Mangroves	LB
700210	SHRIMP SOEP 31-40 *BT ASC Case	20x340g OCEANPRIME VIETNAM	Vietnam / Wild	ASC Ponds	EA
700290	SHRIMP SOEP 31-40 *BT SELVA	20x454g CASE VIETNAM	Vietnam / Farmed	Controlled Mangroves	LB
684105	SHRIMP SPOT PRAWN TAILS 1 LB	33x454g FROZEN WILD B.C.*RAW*	Canada / Wild	Trap	LB
684101	SHRIMP SIDESTRIPE BC WILD	33x1LB FRZ TUB CANADA	Canada / Wild	Trap	LB

as of 5/16/2017 - Please contact us for our full list of quality fish seafood.



A FRESH CATCH SINCE 1987[®]

Ocean Wise[®] Sustainable Seafood Catalogue



Tel. 905.856.6222 / 1.800.563.6222 | Fax. 905.856.9445 | www.seacore.ca | orders@seacore.ca

Item No.	SUSTAINABLE FISH & SEAFOOD		Product of / Wild or Farmed	Method of Catch/Harvest	U/M
708850	SHRIMP FRESH LAUGHING BIRD	8 LB TUB P&D T-OFF 51-70ct	Costa Rica / Farmed	Controlled Farm	LB
702760	SHRIMP CPTON 21-25 BT ASC Case	20x340g OCEANPRIME VIETNAM	Vietnam / Wild	ASC Ponds	EA
703120	SHRIMP CPTON 26-30 BT ASC Case	20x340g OCEANPRIME VIETNAM	Vietnam / Wild	ASC Ponds	EA
703130	SHRIMP CPTON 31-40 BT ASC Case	20x340g OCEANPRIME VIETNAM	Vietnam / Wild	ASC Ponds	EA
701975	SHRIMP CPTOFF 250-350ct 4x5LB	OREGON MSC-C-51042 PINK WILD	Oregon, USA / Wild	Modified Trawl	LB
712440	SMOKED BLACK COD **FRESH**	CENTRAL *NET WEIGHT*T/W	Canada / Wild	Bottom Longline/Trap	LB
712450	SMOKED BLACK COD FROZEN	CASE 20x200g CANADA WCS	Canada / Wild	Bottom Longline/Trap	EA
712740	SMOKED HALIBUT 200g	FROZEN 20/CS WCS	Canada / Wild	Bottom Longline	EA
712600	SMOKED HERRING FIL - DIGBY'S	10 LB	Canada / Wild	Purse Seine	CS
712810	SMOKED HERRING FILLET PLAIN	5 LB BOS SMOKED FISH CANADA	Canada / Wild	Purse Seine	LB
712760	SMOKED HERRING WHOLE GOLDEN	1X18 LB * HEAVY-SMOKED *	Canada / Wild	Purse Seine	LB
712805	SMOKED HERRING WHOLE PLAIN	5 LB BOS SMOKED FISH CANADA	Canada / Wild	Purse Seine	LB
713962	SMOKED INDIAN CANDY WILD 227g	FROZEN 20/CS WCS FIC227-WC	Canada / Wild	Gill Net / Troll	EA
712840	SMOKED KIPPER W-BUTTER WILD	MERSEY POINT 24X170g BOIL/BAG	Canada / Wild	Purse Seine	EA
712962	SMOKED MACKEREL FIL 5LB PEPPER	CASE BOS SMOKED FISH	Canada / Wild	Gill Net	LB
712974	SMOKED MACKEREL FIL LEMON/DILL	5 LB BOS SMOKED FISH CANADA	Canada / Wild	Gill Net	LB
712967	SMOKED MACKEREL FIL NATURAL 5	5 LB BOS SMOKED FISH CANADA	Canada / Wild	Gill Net	LB
712960	SMOKED MACKEREL FIL SPICED	10 LB BOS SMOKED FISH CANADA	Canada / Wild	Gill Net	LB
712971	SMOKED MACKEREL FILLET CAJUN	5 LB BOS SMOKED FISH CANADA	Canada / Wild	Gill Net	LB
712965	SMOKED MACKEREL WHOLE	5 LB BOS HOT SMOKED CANADA	Canada / Wild	Gill Net	LB
713760	SMOKED SALMON SOCKEYE 500g	NANUK 10X500 G W432 PSS	Canada / Wild	Gill Net / Troll	EA
713800	SMOKED SALMON SOCKEYE 715g	NANUK 7X715 GR W430	Canada / Wild	Gill Net / Troll	EA
713680	SMOKED SALMON SOCKEYE 85g	NANUK 30X85 GR W414 PSS CANADA	Canada / Wild	Gill Net / Troll	EA
714005	SMOKED SALMON WILD TRIMMINGS	FRZ 20x454g SOXI WCS FLT-WC	Canada / Wild	Gill Net / Troll	EA
714368	SMOKED SOCKEYE 200g *AIR PERM*	20/CS CANADA WCS	Canada / Wild	Gill Net / Troll	EA
714378	SMOKED SOCKEYE CHAMPAGNE 200g	FROZEN 20/CS CANADA WCS	Canada / Wild	Gill Net / Troll	EA

as of 5/16/2017 - Please contact us for our full list of quality fish seafood.



A FRESH CATCH SINCE 1987[®]

Ocean Wise[®] Sustainable Seafood Catalogue



Tel. 905.856.6222 / 1.800.563.6222 | Fax. 905.856.9445 | www.seacore.ca | orders@seacore.ca

Item No.	SUSTAINABLE FISH & SEAFOOD		Product of / Wild or Farmed	Method of Catch/Harvest	U/M
714385	SMOKED SOCKEYE LIMONCELLO	FROZEN 20x200g CANADA WCS	Canada / Wild	Gill Net / Troll	EA
713705	SMOKED SOCKEYE LOX 200g	FROZEN 20/CS CANADA WCS	Canada / Wild	Gill Net / Troll	EA
713700	SMOKED SOCKEYE LOX 85g	FROZEN 50/CS CANADA WCS	Canada / Wild	Gill Net / Troll	EA
713702	SMOKED SOCKEYE LOX 85g *AP*	50/CS *AIR PERM* CANADA WCS	Canada / Wild	Gill Net / Troll	EA
712973	SMOKED SOCKEYE NUGGETS *1KG*	MAPLE 5/CASE CANADA WCS	Canada / Wild	Gill Net / Troll	EA
713630	SMOKED SOCKEYE SALMON 36g C/C	2x2.5 KG FOODSERVICE WCS	Canada / Wild	Gill Net / Troll	KG
713707	SMOKED SOCKEYE STRIPS 227g	20/CS DBL SMKD WCS FSSTR227-WC	Canada / Wild	Gill Net / Troll	EA
714381	SMOKED SOCKEYE WHISKEY 200g	20/CS JACK DANIEL'S CANADA WCS	Canada / Wild	Gill Net / Troll	EA
666040	SOCKEYE SALMON FILLETS	FRESH *WILD* BC, CANADA	Canada / Wild	Gill Net / Troll	LB
666040	SOCKEYE SALMON FILLETS	FRESH *WILD* BC, CANADA	Canada / Wild	Gill Net / Troll	LB
742101	SQUID HUMBOLDT JUMBO FILLETS	10 KG NANUK MEXICO OCEAN WISE	Gulf of California / Wild	Jig Caught	LB
743647	SQUID TUBES OCEAN WISE 12x680g	U-10 JIGGER OCEANPRIME CHINA	Japan Sea / Wild	Jig Caught	EA
763040-b	STRIPED BASS 1.5-2 LB FARMED	FRESH WHOLE MEDIUM 50 LB	USA / Farmed	Inland Farmed	LB
763080	STRIPED BASS 1.5-2.5LB *S*	FRESH SCALED & GUTTED FARMED	USA / Farmed	Inland Farmed	LB
763160-b	STRIPED BASS 2.5-3 LB FARMED	WHOLE FRESH JUMBO 50 LB	USA / Farmed	Inland Farmed	LB
763240-b	STRIPED BASS 2-2.5 LB FARMED	WHOLE FRESH LARGE 50 LB	USA / Farmed	Inland Farmed	LB
763360	STRIPED BASS FILLET FARMED	FRESH NW HOUSECUT CERT. USA	USA / Farmed	Inland Farmed	LB
764230	STURGEON LOINS FRESH B.C.	50 LB NORTHERN DIVINE FARMED	B.C. / Farmed	Inland Farmed	LB
764245	STURGEON FILLETS SK-ON FARM	TW CS 2-4KG N.B. ACADIAN STURG	N.B. / Farmed	Inland Farmed	LB
785622	TILAPIA *WF NATURAL 170g VP	20.25 LB ECUADOR FARMED	Ecuador / Farmed	Inland Farmed	LB
785960	TILAPIA FIL 4-6 oz	FRESH 10LB ECUADOR OCEAN WISE	Ecuador / Farmed	Inland Farmed	LB
786040	TILAPIA FIL 5-7 oz	FRESH 10LB ECUADOR OCEAN WISE	Ecuador / Farmed	Inland Farmed	LB
786120	TILAPIA FIL 7-9 OZ**	FRESH 10LB ECUADOR OCEAN WISE	Ecuador / Farmed	Inland Farmed	LB
818240	TROUT LAKE WHOLE DRSSD 2-4 LB	FRESH 50 LB PROD. OF ONTARIO	L. Huron, Canada / Wild	Bottom Gill Net	LB
818280	TROUT LAKE FILLET WILD	FRESH NW HOUSECUT ONTARIO	L. Huron, Canada / Wild	Bottom Gill Net	LB
818203	TROUT STEELHEAD LOIS LAKE FLT	10 LB T/W 1-3LB Size FARM BC	Canada / Farmed	Semi-Closed Floating Tanks	LB

as of 5/16/2017 - Please contact us for our full list of quality fish seafood.



A FRESH CATCH SINCE 1987[®]

Ocean Wise[®] Sustainable Seafood Catalogue



Tel. 905.856.6222 / 1.800.563.6222 | Fax. 905.856.9445 | www.seacore.ca | orders@seacore.ca

Item No.	SUSTAINABLE FISH & SEAFOOD		Product of / Wild or Farmed	Method of Catch/Harvest	U/M
 821763	TUNA *B.L.O.* LOIN *SKIN-ON*	FRESH NW YELLOWFIN PHILIPPINES	Philippines / Wild	Handline Caught	LB
 821820	TUNA ALBACORE 340g IVP	10/CASE HOUSECUT RETAIL CANADA	Canada / Wild	Troll/Pole	EA
 821785	TUNA ALBACORE BELLY TORRO	5 KG/CASE	Canada / Wild	Troll/Pole	LB
 821780	TUNA ALBACORE LOINS IQF Y131	5KG/11.02 LBS VAC PACK CANADA	Canada / Wild	Troll/Pole	LB
 821775	TUNA LOIN *ALBACORE*	FRESH NW S/S OREGON HOUSECUT	Canada / Wild	Troll/Pole	LB
 821720	TUNA LOIN CENTRE CUT	FRESH NW YELLOWFIN PHILIPPINES	Philippines / Wild	Handline Caught	LB
 821760	TUNA LOIN FRESH	NW YELLOWFIN PHILIPPINES	Philippines / Wild	Handline Caught	LB
 858565	WHITEFISH DRESSED *S*	FRESH SCALED NW HOUSECUT CERT.	L. Huron, Canada / Wild	Bottom Gill Net	LB
 858561	WHITEFISH DRESSED MEDIUM	FRESH 50 LB CASE CANADA	L. Huron, Canada / Wild	Bottom Gill Net	LB
 858640	WHITEFISH FILLET MEDIUM	FRESH NW CANADA HOUSECUT CERT.	L. Huron, Canada / Wild	Bottom Gill Net	LB
 574081	YELLOW PERCH LAKE FILLET	FRESH 10 LB CASE	Canada / Wild	Gill Net	LB
 574085	YELLOW PERCH LAKE IQF 340g	16/CASE ONTARIO PUREPAC	Canada / Wild	Gill Net	EA

*If you would like to use the Ocean Wise[®] Logo on your menu please contact Ocean Wise at www.oceanwise.ca

You can contact our sales office or email orders@seacore.ca for more information.

QUALITY FISH & SEAFOOD

