



a Fresh Catch Today for Tomorrow's Oceans®



SUSTAINABLE FISH & SEAFOOD

What is Sustainable Seafood?

Sustainable seafood is fish or shellfish that is caught or farmed in ways that consider the long-term viability of harvested populations and the ocean's health and ecological integrity. Choosing sustainable seafood is an effective way to support the best practices in the fishing and aquaculture industries to ensure our ocean resources last long into the future.

Determining Sustainable Seafood

Seacore has been working with and collaborating for years with the leading Canadian Sustainable Seafood organizations - SeaChoice, Ocean Wise and MSC. They all use the best available science, strategic communications and partnerships to mobilize sustainable seafood markets throughout Canada.

The entire OceanPrime Sustainable Seafood Program and the products considered sustainable have all been identified and assessed by SeaChoice, Ocean Wise and/or MSC.



Seacore is a co-founder of Sea Pact: United for a Sustainable Future | www.seapact.org

A FRESH CATCH SINCE 1987®

seacore.ca

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Platinum member

GUIDING PRINCIPLES

advised by



Seacore Seafood recognizes its role in helping ensure a sustainable future for the seafood we buy and sell, and the overall health of our oceans. As one of the largest seafood distributors in Canada, we aim to be a model of sustainability in the Canadian seafood marketplace and continue to be a proactive leader that is well positioned to supply sustainable seafood products to our customers.

Make a Commitment

Commit to developing and implementing a comprehensive, corporate policy on sustainable seafood.

Collecting Data

Assess and monitor the environmental sustainability of our seafood products.

Buying Environmentally Responsible Seafood

Support environmentally responsible seafood choices through purchasing decisions.

Be Transparent

Make information regarding your seafood products publicly available.

Educate

Educate our customers, suppliers, employees and other key stakeholders about environmentally responsible seafood.

Support Reform

Engage in and support policy and management reforms that leads to positive environmental outcomes in fisheries and aquaculture management.

seacore.ca

SUSTAINABLE SEAFOOD GOUPS

In Canada, there are 5 prominent non-governmental organizations (NGOs) that Seacore is a part of that assess and/or promote sustainable seafood for our Canadian market. These organizations use scientific and factual evidence in assessing the seafood and based on the results will determine if they are sustainable seafood. To join, support or donate to any of these great organizations, please contact us or visit their respective websites:

OCEAN WISE

Ocean Wise was launched in January 2005 by the Vancouver Aquarium. Ocean Wise works individually with each partner business to help it make sustainable seafood purchasing decisions. In turn, partners identify these options on their menus or display cases with the Ocean Wise symbol. While partners are not required to only provide Ocean Wise seafood choices upon joining the program, partners are required to clearly label seafood items that are identified as sustainable and Ocean Wise. The aim is to bring partners along a path of continuous improvement with the ultimate goal of becoming 100 per cent Ocean Wise. www.oceanwise.ca



SEA CHOICE

SeaChoice is about solutions for healthy oceans. Launched in 2006, SeaChoice was created to help Canadian businesses and shoppers take an active role in supporting sustainable fisheries and aquaculture at all levels of the seafood supply chain. Based on scientific assessments, SeaChoice has created easy-to-use tools that help businesses make the best seafood choices. Working in collaboration with the Monterey Bay Aquarium's acclaimed Seafood Watch program, SeaChoice undertakes science-based seafood assessments, provides informative resources for consumers, and supports businesses through collaborative partnerships. www.seachoice.org



MARINE STEWARDSHIP COUNCIL (MSC)

The MSC is an international non-profit organization addressing the problem of unsustainable fishing, and safeguarding seafood supplies for the future. Using their fisheries certification and seafood labelling program, the MSC works with business partners to promote sustainable fishing and transform markets. The MSC's certification and ecolabelling program enables everybody to play a part in securing a healthy future for our oceans. MSC only assesses wild caught fish and seafood. www.msc.org



AQUACULTURE STEWARDSHIP COUNCIL (ASC)

Founded in 2010 by WWF and IDH (Dutch Sustainable Trade Initiative) the Aquaculture Stewardship Council (ASC) is an independent not for profit organization with global influence. ASC aims to be the world's leading certification and labelling programme for responsibly farmed seafood. The ASC's primary role is to manage the global standards for responsible aquaculture, which were developed by the WWF Aquaculture Dialogues. ASC works with aquaculture producers, seafood processors, retail and foodservice companies, scientists, conservation groups and consumers in sourcing sustainable seafood. ASC only assesses farm raised or aquaculture fish and seafood. www.asc-aqua.org



SEA PACT — UNITED FOR A SUSTAINABLE FUTURE

Sea Pact is a group of leading North American Seafood Companies dedicated to driving stewardship and continuous improvement of social, economic, and environmental responsibility throughout the global seafood supply chain. Sea Pact will improve the sustainability of global seafood by using the collective power of like-minded North American seafood companies to improve the fishing and fish farming systems we procure from. Sea Pact was created by the six founding members: Albion Fisheries in Vancouver, Fortune Fish & Gourmet in Chicago, Ipswich Shellfish Group in Boston, Santa Monica Seafood in Los Angeles, Seacore Seafood in Toronto and Seattle Fish Co in Denver. Additional members that have joined since inception are Stavix Seafood in Boston, A.C. Coverts in Halifax and J.J. McDonnell in Baltimore. www.seapact.org





united for a sustainable future

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SEA PACT'S MEMBER BUISNESSES



- ★ 1. Albion Farms & Fisheries
- ★ 2. Seattle Fish Company
- ★ 3. Santa Monica Seafood
- 4. AC Coverts
- 5. Stavis Seafoods
- ★ 6. Ipswich Shellfish
- 7. J.J. McDonnell
- ★ 8. Seacore Seafood
- ★ 9. Fortune Fish & Gourmet

WHAT TYPES OF PROJECTS ARE FUNDED?

GEAR OR FARM IMPROVEMENTS	FISHERIES MANAGEMENT	WILD STOCK ENHANCEMENT
SPECIES RESEARCH AND DATA COLLECTION		
RESEARCH TO IMPROVE FARMING PRACTICES	FISHERY HABITAT RESTORATION	
FISHERIES CONSERVATION	TECHNOLOGY	
REGIONAL AQUACULTURE MANAGEMENT		
COMMUNICATION & EDUCATION	FISHERY IMPROVEMENT PROJECTS	
AQUACULTURE IMPROVEMENT PROJECTS		

HOW DOES SEA PACT SELECT PROJECTS?

1 REQUEST FOR PROPOSALS on annual basis



2 SEA PACT ADVISORY COUNCIL REVIEWS ALL APPLICATIONS TOGETHER



with environmental consultants



3 POTENTIAL PROJECTS ARE EVALUATED ON

- environmental need
- fiscal needs
- relevance to the seafood industry
- socioeconomic impacts on fishing or farming communities

“ WE’VE LEARNT A LOT FROM OUR PREVIOUS GRANT PROPOSAL REQUESTS, AND HAVE BEGUN TO RECOGNIZE WHERE OUR CONTRIBUTIONS CAN MAKE THE GREATEST IMPACT ON CREATING **positive change** WITHIN OUR INDUSTRY ”

- Guy Dean, Vice President/CSO of Albion Farms and Fisheries

17 GRANTS

13 
PROJECTS

8 COUNTRIES 

WITH OVER
\$340,000 USD
IN DIRECT SUPPORT

\$1 million
USD WITH ADDITIONAL
FUNDS GENERATED

funded projects

SAFETYNET TECHNOLOGIES

LED light trials to improve catch selectivity

UNIVERSITY OF NORTH TEXAS

Research to replace farmed finfish antibiotic use with probiotics

BC SHRIMPERS' ASSOCIATION

Bycatch mitigation and regulatory change through LED light use

SEA DELIGHT

Mexican Grouper Improvement Project

BLUE OCEAN GEAR

Development and testing of a smart crustacean trap

RESPONSIBLE AQUACULTURE FOUNDATION (RAF)

Global responsible aquaculture on-line training

DOWNEAST INSTITUTE

Maine softshell clam improvement project

CEDEPESCA

Mahi Mahi Improvement Project

BC CAHS & VANCOUVER AQUARIUM

Sea lice control research using kelp and pile perch

NFI CRAB COUNCIL

Blue Swimming Crab Enhancement

FATHOM CONSULTING

Pelagic Trawl Gear Improvement

WORLD WIDE FUND FOR NATURE (WWF)

Chilean Farmed Salmon ASC Certification

CEDEPESCA

Brazilian Lobster Improvement Project

For more information visit www.seapact.org, Questions? Contact Rob Johnson, Managing Director at rjohnson@seapact.org



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		Origin/Wild or Farmed	Harvest/Catch Method	Item No.	Green SeaChoice Yellow SeaChoice Ocean Wise MSC/ASC Certified	UM
ARCTIC CHAR FIL 10-20 oz YUKON	FRESH 10LB PBO ICY WATERS	Canada / Farmed	Land-based	108681	G O	LB
ARCTIC CHAR FIL ICELAND 8oz-UP	FRESH 10 LB PBO FARMED	Iceland / Farmed	Land-based	108810	G O	LB
ARCTIC CHAR WHOLE 2-4 DRSD	FRESH ICY WATERS 50 LB/TW S/S	Canada / Farmed	Land-based	108601	G O	LB
BARRAMUNDI FILLETS	BY/LB HOUSECUT CERTIFIED	U.S.A. / Farmed	Land-based	120080	G O	LB
BARRAMUNDI FILLETS 12oz-UP	10LB SK-ON AUSTRALIS VIETNAM	Vietnam / Farmed	Land-based	120084	G O	LB
BARRAMUNDI PORTIONS 6oz	IVP 26pc/CS AUSTRALIS VIETNAM	Vietnam / Farmed	Land-based	120215	G O	EA
BARRAMUNDI 565g RETAIL 3x6-7oz	12/CS OCEANPRIME CHINA	Vietnam / Farmed	Land-based	120216	G O	EA
BARRAMUNDI WHOLE 600-800g	FRESH AUSTRALIS 25LB FARM USA	U.S.A. / Farmed	Land-based	120165	G O	LB
BASA FIL 4oz *ASC* 10 LB	CASE FROZEN VIETNAM	Vietnam / Farmed	ASC Land-based Ponds	120525	O A	LB
BLACK COD FILLET WILD	*SABLE BY/LB CANADA OCEAN WISE	Canada / Wild	Bottom Longline	145200	Y O	LB
BLACK COD FILLETS VP IQF	10KG/22.05 LB SKIN-ON W175	Canada / Wild	Bottom Longline	145250	Y O	LB
BLACK COD J-CUT 9LB UP IQF	#1 FAS LONG-LINE 50LB B.C.	Canada / Wild	Bottom Longline	145320	Y O	LB
BLACK COD PORTION 4oz SKIN-ON	CS 40PC WILD PBO IQF CANADA	Canada / Wild	Bottom Longline	145227	Y O	EA
BLACK COD PORTION 5oz SKIN-ON	CS 32PC WILD PBO IQF CANADA	Canada / Wild	Bottom Longline	145225	Y O	EA
BLACK COD PORTION 6oz SKIN-ON	CS 26PC WILD PBO IQF CANADA	Canada / Wild	Bottom Longline	145222	Y O	EA
BLACK COD WHOLE H&G WILD	FRESH PF BY/LB	Canada / Wild	Bottom Longline	145360	Y O	LB
BLACK COD/SABLEFISH 340g IVP	10/CASE HOUSECUT RETAIL CANADA	Canada / Wild	Bottom Longline	145410	Y O	EA
CATFISH FILLET 5-7 oz	FRESH 10 LB USA	U.S.A. / Farmed	Land-based	242520	G O	LB
CATFISH FILLET 6-12 oz	FRESH 10 LB USA	U.S.A. / Farmed	Land-based	242640	G O	LB
CATFISH FILLET CAJUN	CS FRESH ** 10 LB USA	U.S.A. / Farmed	Land-based	242680	G O	LB
CATFISH FILLET LEMON PEPPER	FRESH 10 LB USA	U.S.A. / Farmed	Land-based	242880	G O	LB
CATFISH FILLET GRND *WF*	FRESH 10 LB *ALL NATURAL* USA	U.S.A. / Farmed	Land-based	242906	G O	LB
CAVIAR HERRING / MULLET 50g	12/CS SPAIN (K) MUJJOL SHIKRAN	Spain / Wild	Puse Seine	243300	Y	EA
CAVIAR STURGEON GREEN 30g FARM	NB ACADIAN STURG. *WHITE LABEL	N.B. / Farmed	Land-based	243585	O	EA
CAVIAR STURGEON *WILD* 30g	NB ACADIAN STURG. *BLACK LABEL	N.B. / Wild	Ex-Lrg Mesh Gillnet	243571	O	EA
CAVIAR NORTHERN DIVINE 30g	EACH B.C. STURGEON	Canada / Farmed	Land-based	243590	G O	EA
CAVIAR NORTHERN DIVINE 125g	EACH B.C. STURGEON	Canada / Farmed	Land-based	243594	G O	EA
CAVIAR ACADIAN STURGEON 125g	EACH N.B. STURGEON	Canada / Farmed	Land-based	243596	G O	EA
CAVIAR STURGEON GREEN 30g FARM	NB ACADIAN STURG. *WHITE LABEL	Canada / Farmed	Land-based	243585	G O	EA
CAVIAR PLATINUM W.C. 30g	EACH FRASER STURGEON BLACK	Canada / Farmed	Land-based	243591	G O	EA
CAVIAR SALMON CHUM 100g	12/CS #1A IKURA WCS CANADA	Canada / Wild	Gill Net / Troll	243287	Y O	EA
CAVIAR SALMON CHUM 24x500g	#1 IKURA Wild Canada	Canada / Wild	Gill Net / Troll	243280	Y O	EA
CAVIAR SALMON CHUM 12x1kg	#1 IKURA Wild Canada	Canada / Wild	Gill Net / Troll	243240	Y O	EA
CAVIAR WHITEFISH GOLDEN	FRESH 125 G	Canada / Wild	Gill Net / Troll	243320	Y O	EA
CLAM MEAT 300-500p/P k 10x2.21LB	22.05LB IQF CKD OceanPrime	China / Farmed	Cultured	269200	G O	LB
CLAM WH-CKD 15-25pLB **TOS**	12x2x500g	China / Farmed	Cultured	270560	G O	EA
CLAMS PASTANECK 10 LB	FRESH BAG FARMED USA CS-	U.S.A. / Farmed	Hand Harvested	270201	G O	LB
CLAMS LITTLENECK 5 LB	CASE FRESH PEI/RI	U.S.A. / Wild	Dredge	269755	Y O	LB
CLAMS CHERRYSTONE 5 LB	FRESH RHODE ISLAND, USA	U.S.A. / Wild	Dredge	269602	Y O	LB
CLAMS SAVOURY 5 LB	BAG LIVE FARMED BC CANADA	Canada / Farmed	Cultured	270208-bc	G O	LB
CLAMS MANILA 10 LB	BAG LIVE BC CANADA	Canada / Farmed	Cultured	269923-BC	G O	LB
CLAMS STEAMER FRESH -- WILD	10 LB BAG	U.S.A. / Wild	Dredge	270210	Y O	LB
CLAM GEODUCK	FRESH/FROZEN BY/LB	U.S.A. / Farmed	On-bottom Culture	270215	G O	LB
COD FILLET PACIFIC *MSC*	10 LB CASE ALASKA	Canada / Wild	Bottom Longline	277890	Y O M	LB
COD FILLET PACIFIC S/P 8-32oz	FZ 3x15LB MSC*CERTIFIED	Canada / Wild	Bottom Longline	277835	Y O M	LB
COD ICELANDIC FILLET 16-32oz+	FRESH 10 LB CASE MSC-C-51042	Iceland / Wild	Bottom Longline	277904	Y O M	LB
CRAB CLAW JONAH TRIPLE SCORED	4x5LB IQF OCEANPRIME USA	U.S.A. / Wild	Trap	717745	Y O	LB
CRAB DUNGENESS WHOLE 1.5LB-up	30LB COOKED - BORNSTEIN	Canada / Wild	Trap	351360	Y O	LB
CRAB DUNGENESS CLUSTERS MSC	20LB CS ALASKA MSC-C-51042	U.S.A. / Wild	Trap	351380	Y O M	LB
CRAB DUNGENESS CLUSTERS 500g	15/CS ALASKA MSC-C-51042	U.S.A. / Wild	Trap	351385	Y O M	EA
CRAB LEGS 04-7 Red King CS	Whole 20 LB - INTERSEA/ODYSSEY	U.S.A. / Wild	Trap	635440	Y O	LB
CRAB LEGS 06-9 Red King CS	Whole 20 LB - INTERSEA/ODYSSEY	U.S.A. / Wild	Trap	635520	Y O	LB
CRAB LEGS 09-12 Red King CS	Whole 20 LB - INTERSEA/ODYSSEY	U.S.A. / Wild	Trap	635640	Y O	LB



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CRAB LEGS 12-14 Red King CS	Whole 20 LB - INTERSEA/ODYSSEY	U.S.A. / Wild	Trap	635800	Y O	LB
CRAB LEGS 14-17 Red King CS	Whole 20 LB - INTERSEA/ODYSSEY	U.S.A. / Wild	Trap	635920	Y O	LB
CRAB LEGS 16-20 Red King CS	Whole 20 LB - INTERSEA/ODYSSEY	U.S.A. / Wild	Trap	636040	Y O	LB
CRAB LEGS 20-24 Red King CS	Whole 20 LB - INTERSEA/ODYSSEY	U.S.A. / Wild	Trap	636120	Y O	LB
CRAB LEGS 20-UP Red King CS	Whole 20 LB - INTERSEA	U.S.A. / Wild	Trap	636275	Y O	LB
CRAB LEGS 20-24 GOLD *SPLIT*	10LB OceanPrime	U.S.A. / Wild	Trap	635325	Y O	LB
CRAB LIVE DUNGENESS	FRESH	Canada / Wild	Trap	299120	Y O	LB
CRAB MEAT DUNGENESS 5 LB *TIN*	FROZEN COOKED #1	Canada / Wild	Trap	351281	Y O	LB
CRAB MEAT IMITATION Flake 680g	20/CS APO VP OceanPrime China	China / Wild	Midwater Trawl	299260	Y O M	EA
CRAB CLAW STONE FLORIDA IQF	454g WILD USA OCEANPRIME	USA / Wild	Trap	760360	G O	BG
CRAB STONE CLAWS * MEDIUM *	FRESH BY/LB FLORIDA COOKED	USA / Wild	Trap	299685	G O	LB
CRAB STONE CLAWS * LARGE *	FRESH BY/LB FLORIDA COOKED USA	USA / Wild	Trap	299683	G O	LB
EURO BASS FILLET FRSH 100-125g	NW BY/LB BRANZINI GREECE	Greece / Farmed	Net Pens	363620	Y	LB
EURO BASS WHOLE *S&G* 450g	FRESH *SCALED/GUTTED* GREECE	Greece / Farmed	Net Pens	363640	Y	LB
EURO BASS WHOLE 400-600g CS	FRESH 22.05LB BRANZINI GREECE	Greece / Farmed	Net Pens	363561	Y	LB
GROUPEL WHOLE BLACK	FRESH USA	USA / Wild	Handline	414440	Y O	LB
GROUPEL FILLET BLACK	FRESH NW USA	USA / Wild	Handline	413840	Y O	LB
HADDOCK FILLET 6-8oz IQF	10 LB CASE PROD. OF CANADA	Canada / Wild	Bottom Longline	414760	Y O M	LB
HADDOCK FILLET *MSC* CANADA	FRESH 10 LB CASE MSC-C-51042	Canada / Wild	Bottom Longline	415180	Y O M	LB
HADDOCK ICELANDIC FILLET 10oz+	FRESH 10 LB CASE MSC-C-51042	Iceland / Wild	Bottom Longline	415175	Y O M	LB
HADDOCK PORTION 454g IVP	10/CASE HOUSECUT RETAIL CANADA	Canada / Wild	Bottom Longline	414740	Y O M	EA
HALIBUT FILLET	FRESH WILD NW CANADA	B.C. Canada/Wild	Bottom Longline	418120	Y O M	LB
HALIBUT FILLET EAST COAST	FRESH WILD NW ATLANTIC CANADA	Atl Canada/Wild	Bottom Trawl/Gillnet	418200	O M	LB
HALIBUT FILLET *MSC*	LB WILD CANADA MSC-C-51042	B.C. Canada/Wild	Bottom Longline	418210	Y O M	LB
HALIBUT *BELLY OFF* MSC FILLET	CANADA MSC-C-51042	B.C. Canada/Wild	Bottom Longline	418170	Y O M	LB
HALIBUT FILLET *SKINLESS*	FRESH WILD NW CANADA	B.C. Canada/Wild	Bottom Longline	418160	Y O M	LB
HALIBUT *MSC* FILLET S/ON IQF	CS VP 30LB USA MSC-C-51042	B.C. Canada/Wild	Bottom Longline	418260	Y O M	LB
HALIBUT 2.75oz BIAS CUT IQF	56PCS/CS PORTIONS ALASKA	Alaska, U.S.A./Wild	Bottom Longline	418405	Y O M	EA
HALIBUT 3.75oz BIAS CUT SKLS	42/PCS/CS IQF PORTIONS ALASKA	Alaska, U.S.A./Wild	Bottom Longline	418408	Y O M	EA
HALIBUT 4oz MARKET CUT IVP	40PC/CASE PORTIONS ALASKA	Alaska, U.S.A./Wild	Bottom Longline	418411	Y O M	EA
HALIBUT 4oz PORTIONS IVP SL4.1	40PC/CS SKINLESS ALASKA 10 LB	Alaska, U.S.A./Wild	Bottom Longline	418410	Y O M	EA
HALIBUT 5oz MARKET CUT PORTION	IVP 32pcs/CASE ALASKA	Alaska, U.S.A./Wild	Bottom Longline	418412	Y O M	EA
HALIBUT 6oz PORTIONS IVP SL	26PC/CS SKINLESS ALASKA 10 LB	Alaska, U.S.A./Wild	Bottom Longline	418414	Y O M	EA
HALIBUT 8oz PORTIONS IVP SL	20PC/CS SKINLESS ALASKA 10 LB	Alaska, U.S.A./Wild	Bottom Longline	418420	Y O M	EA
HALIBUT CHEEKS 10 LB	FROZEN WEST COAST CANADA	N.S. Canada/Wild	Bottom Longline	418404	O M	EA
HALIBUT FLETCH 1-3 LB IQF	ALASKAN 25LB FROZEN	Alaska, U.S.A./Wild	Bottom Longline	418270	Y O M	LB
HALIBUT FLETCH 3-5 LB IQF	ALASKAN 25LB FROZEN	Alaska, U.S.A./Wild	Bottom Longline	418275	Y O M	LB
HALIBUT FLETCH 5-8 LB IQF	ALASKAN 25LB FROZEN	Alaska, U.S.A./Wild	Bottom Longline	418320	Y O M	LB
HALIBUT FLETCH 8-16oz IQF	ALASKAN 25LB FROZEN	Alaska, U.S.A./Wild	Bottom Longline	418266	Y O M	LB
HALIBUT H&G 10-20 LB FRESH	**WHOLE** CANADA	B.C. Canada/Wild	Bottom Longline	418440	Y O	LB
HALIBUT *MSC* 10-20 LB FRESH	WILD WHOLE CANADA MSC-C-51042	B.C. Canada/Wild	Bottom Longline	418445	Y O M	LB
HALIBUT H&G 20-40 LB FRESH	**WHOLE** CANADA	B.C. Canada/Wild	Bottom Longline	418520	Y O	LB
HALIBUT H&G 10-50 LB FRESH	EAST COAST * WHOLE MSC-C-51042	N.S. Canada/Wild	Bottom Trawl	418480	O M	LB
HALIBUT PORTIONS 340g IVP	10/CASE HOUSECUT RETAIL CANADA	B.C. Canada/Wild	Bottom Longline	418268	Y O M	EA
HALIBUT PORTIONS FRESH	NET WEIGHT SKIN-ON CANADA	Alaska, U.S.A./Wild	Bottom Longline	418560	Y O M	LB
HERRING FIL BISMARCK 3.75K	FEATURE	Canada / Wild	Purse Seine	420280	G O	EA
HERRING FIL BISMARCK 320g	FEATURE 12/CS CANADA	Canada / Wild	Purse Seine	420330	G O	EA
HERRING FIL IN WINE 3.75K	FEATURE CANADA	Canada / Wild	Purse Seine	420360	G O	CS
HERRING FIL IN WINE 600g	FEATURE 12/CS CANADA	Canada / Wild	Purse Seine	420440	G O	EA
HERRING FIL MATJES 240g	FEATURE 12/CS	Canada / Wild	Purse Seine	420520	G O	EA
HERRING FIL MATJES/ICELANDIC	FEATURE 4 KG	Canada / Wild	Purse Seine	420560	G O	CS
HERRING FIL ROLLMOP 3.75K	PAIL FEATURE	Canada / Wild	Purse Seine	420640	G O	CS
HERRING FIL ROLLMOPS 320g	FEATURE 12/CS CANADA	Canada / Wild	Purse Seine	420680	G O	EA



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HERRING LUNCH CUT 320g	FEATURE 12/CS CANADA	Canada / Wild	Purse Seine	421200	G O	EA
HERRING THICK CUT EURO 620g	FEATURE 12/CS CANADA	Canada / Wild	Purse Seine	421220	G O	EA
HERRING WHOLE PICKLED 620g	FEATURE 12/CS CANADA	Canada / Wild	Purse Seine	421460	G O	EA
ICELANDIC SOLE/PLAICE FILLETS	10LB SKINLESS ICELAND 6oz-UP	Iceland / Wild	Seine Net/Gill Net	586500	Y	LB
KINGFISH FILLET	FRESH USA HOUSECUT CERTIFIED	U.S.A. / Wild	Hook & Line	444120	G O	LB
KINGFISH STEAKS	FRESH BY/LB USA HOUSECUT CERT.	U.S.A. / Wild	Hook & Line	444080	G O	LB
KINGFISH WHOLE	FRESH FLORIDA	U.S.A. / Wild	Hook & Line	444495	G O	LB
LINGCOD FILLET *SKINLESS V-CUT	BY/LB *PF* HOUSECUT CERTIFIED	Canada/Wild	Bottom Longline, Trawls	277921	Y O	LB
LINGCOD FILLET *SKIN-ON V-CUT	BY/LB *PF* HOUSECUT CERTIFIED	Canada/Wild	Bottom Longline, Trawls	277925	Y O	LB
LINGCOD WHOLE H&G	BY/LB TOTE CANADA OCEAN CAUGHT	Canada/Wild	Bottom Longline, Trawls	277929	Y O	LB
LOBSTER LIVE 1 LB CHICKS	30 LB CASE CANADIAN	Canada / Wild	Trap	456240	Y	LB
LOBSTER LIVE 1.25 LB QUARTERS	30 LB CASE CANADIAN	Canada / Wild	Trap	456320	Y	LB
LOBSTER LIVE 1.50 LB HALF	30 LB CASE CANADIAN	Canada / Wild	Trap	456400	Y	LB
LOBSTER MEAT *BL* 6x2LB	Body & Leg VP CDN	Canada / Wild	Trap	456921	Y	LB
LOBSTER MEAT 16x227g (8oz) VP	Claw-Knuckle-Leg- OceanPrime	Canada / Wild	Trap	456760	Y	EA
LOBSTER TAIL 02-3oz CDN#1	10 LB CANADA	Canada / Wild	Trap	457400	Y	LB
LOBSTER TAIL 03-4oz CDN#1	10 LB CANADA	Canada / Wild	Trap	457360	Y	LB
LOBSTER TAIL 04-5oz CDN#1	10 LB CANADA	Canada / Wild	Trap	457720	Y	LB
LOBSTER TAIL 05-6oz CDN#1	10 LB CANADA	Canada / Wild	Trap	457845	Y	LB
LOBSTER TAIL 06-7oz CDN#1	10 LB CANADA	Canada / Wild	Trap	458005	Y	LB
LOBSTER TAIL 07-8oz CDN#1	10 LB CANADA	Canada / Wild	Trap	458120	Y	LB
LOBSTER TAIL 08-10oz CDN#1	10 LB CANADA	Canada / Wild	Trap	458250	Y	LB
LOBSTER TAIL 10-12oz CDN#1	10 LB CANADA	Canada / Wild	Trap	458365	Y	LB
LOIS LAKE STEELHEAD FIL *TRAY*	FRESH C/W KG * RETAIL PACK *	Canada / Farmed	Closed Containment	662069	O	KG
TROUT STEELHEAD LOIS LAKE FLT	10 LB T/W 1-3LB Size FARM BC	Canada / Farmed	Closed Containment	818203	O	LB
LOIS LAKE STEELHEAD PT*SKLS LB	FRESH BY/LB SKINLESS B.C.	Canada / Farmed	Closed Containment	818204	O	LB
LOIS LAKE STEELHEAD FILL*SKLS*	BY/LB SKINLESS/BELLY-OFF B.C.	Canada / Farmed	Closed Containment	818206	O	LB
TROUT STEELHEAD 5-7oz LOIS LAKE	SKON-IVP 10 LB B.C. FARM CDN	Canada / Farmed	Closed Containment	818190	O	LB
TROUT STEELHEAD 7-9oz LOIS LAKE	SKON-IVP 10 LB B.C. FARM CDN	Canada / Farmed	Closed Containment	818194	O	LB
MACKEREL FILLETS - REGULAR	FROZEN 12 KG / 26.46 LB	U.S.A. / Wild	Gill Net	464130	G O	LB
MACKEREL FILLETS	BY/LB NW HOUSECUT CERTIFIED	U.S.A. / Wild	Gill Net	464125	G O	LB
MACKEREL GUTTED H/ON	FRESH NW HOUSECUT CERTIFIED	U.S.A. / Wild	Gill Net	463520	G O	LB
MACKEREL WHOLE 400-600g	12kg/26.46 LB IQF	Iceland / Wild	Gill Net	463100	G O	LB
WHOLE MACKEREL	FRESH ATLANTIC US/CANADA	U.S.A. / Wild	Gill Net	464120	G O	LB
MACKEREL SPANISH FILLETS FRESH	BY LB USA	U.S.A. / Wild	Handline Caught	463845	G O	LB
MACKEREL SPANISH MEDIUM	FRESH	U.S.A. / Wild	Handline Caught	463840	G O	LB
MUSSEL *MAP TRAY 12/CS	FRESH 12x908g CANADIAN COVE	Canada / Farmed	Suspended Culture	484450	G O	CS
MUSSEL *ORWELL COVE* 10LB	FRESH LARGE WYSE BAY PEI	Canada / Farmed	Suspended Culture	484200	G O	LB
MUSSEL P.E.I. 10LB BAG	FRESH CULTURED CANADIAN COVE	Canada / Farmed	Suspended Culture	484141	G O	LB
MUSSEL P.E.I. 25LB BAG	FRESH CULTURED CANADIAN COVE	Canada / Farmed	Suspended Culture	484131	G O	LB
MUSSEL WC GALLO 10LB	BAG LIVE FARMED WSH USA	U.S.A / Farmed	Suspended Culture	484207-BC	G O	LB
MUSSEL SALTSRING ISLAND	FRESH CULT. PROD OF BC 5LB BAG	BC Canada / Farmed	Suspended Culture	484250	G O	LB
OCTOPUS 4-6 LB SPAIN CS	CASE 28 LB #1 POT CAUGHT	Spain / Wild	Pot Caught	496961	Y O	LB
OCTOPUS T1 B.C. GIANT FROZEN	20-25 LB EACH OCEAN WISE	Canada / Wild	Trap Caught	496520	G O	LB
OYSTER *10PC - FIVE STAR CASE	CS 10PC x 15BG MALPEQUE CHOICE	Canada / Farmed	Dredge, Tonging	516362	G O	CS
OYSTER 100 CT - AVONLEA PETITE	CASE CHOICE FARM PEI 2.5-3"	Canada / Farmed	Dredge, Tonging	516230	G O	CS
OYSTER 100 CT - BEAU SOLEIL	CASE CHOICE FARM NB 2.5"	Canada / Farmed	Dredge, Tonging	516240	G O	CS
OYSTER 100 CT - BLACKBERRY PT	CASE CHOICE FARM PEI 3.5"	Canada / Farmed	Dredge, Tonging	516250	G O	CS
OYSTER 100 CT - CASCUMPEC BAY	CASE CHOICE FARM PEI 3.25-3.5"	Canada / Farmed	Dredge, Tonging	516330	G O	CS
OYSTER 100 CT - DAISY BAY	CASE CHOICE FARM PEI 3-3.5"	Canada / Farmed	Dredge, Tonging	516341	G O	CS
OYSTER 100 CT - GOOSEBERRY BAY	CASE CHOICE FARM PEI 2.5-3"	Canada / Farmed	Dredge, Tonging	516347	G O	CS
OYSTER 100 CT - GREEN GABLES	CASE CHOICE FARM PEI 3-3.5"	Canada / Farmed	Dredge, Tonging	516346	G O	CS
OYSTER 100 CT - GLACIER BAY	CASE CHOICE FARM NB 2.5-3"	Canada / Farmed	Dredge, Tonging	516345	G O	CS



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SUSTAINABLE FISH & SEAFOOD

		Origin/Wild or Farmed	Harvest/Catch Method	Item No.					UM
								Green SeaChoice Yellow SeaChoice Ocean Wise MSC/ASC Certified	
OYSTER 40 CT - HUMMOCK ISLAND	CASE CHOICE FARM CT, USA 3-4"	U.S.A. / Farmed	Dredge, TONGING	516352	G	O			CS
OYSTER 100 CT - OLDE SALTS	CASE FARM VIRGINIA USA 2.75-3"	U.S.A. / Farmed	Dredge, TONGING	516461	G	O			CS
OYSTER 100 CT - PICKLE POINT	CASE CHOICE FARM PEI 3-3.5"	Canada / Farmed	Dredge, TONGING	516410	G	O			CS
OYSTER 100 CT - PINK MOON	CASE CHOICE FARM PEI 3.5-3"	Canada / Farmed	Dredge, TONGING	516412	G	O			CS
OYSTER 100 CT-PRINCESS DELIGHT	CASE CHOICE FARM PEI 3-3.25"	Canada / Farmed	Dredge, TONGING	516415	G	O			CS
OYSTER 100 CT - RAPPAHANNOCK	CASE FARM VIRGINIA USA 2.75-3"	U.S.A. / Farmed	Dredge, TONGING	516468	G	O			CS
OYSTER 100 CT -RASPBERRY POINT	CASE CHOICE FARM PEI 3.5"+	Canada / Farmed	Dredge, TONGING	516470	G	O			CS
OYSTER 100 CT - SAVAGE BLONDE	CASE CHOICE FARM PEI 3-3.5"	Canada / Farmed	Dredge, TONGING	516481	G	O			CS
OYSTER 100 CT - SHEMOGUE SMALL	CASE CHOICE FARM NB 2.5-3"	Canada / Farmed	Dredge, TONGING	516390	G	O			CS
OYSTER 100 CT - SOUTH LAKE	CASE CHOICE FARM PEI 3-4"	Canada / Farmed	Dredge, TONGING	516479	G	O			CS
OYSTER 100 CT - WELLFLEET	CASE FARM CAPE COD USA 3-4"	U.S.A. / Farmed	Dredge, TONGING	516552	G	O			CS
OYSTER 50 CT - KELLY GIGAS	CASE CHOICE FARM IRELAND 3"+	Ireland / Farmed	Dredge, TONGING	516558	G	O			CS
OYSTER 12 CT - BEACH WEST C.	BAG JUMBO FARM BC 5-6"	Canada / Farmed	Dredge, TONGING	516913	G	O			BG
OYSTER 60 CT - FRENCH KISS	CASE CHOICE FARM NB 3"+	Canada / Farmed	Dredge, TONGING	516665	G	O			CS
OYSTER 60 CT - KUMAMOTO	CASE FARM WASHINGTON USA 2.5"+	U.S.A. / Farmed	Dredge, TONGING	516580	G	O			CS
OYSTER 70 CT - GREEN GABLES	CASE CHOICE FARM PEI 4-5"	Canada / Farmed	Dredge, TONGING	516886	G	O			CS
OYSTER 75 CT - *STANDARDS GG	CS FRM GREEN GABLES PEI 3-3.5"	Canada / Farmed	Dredge, TONGING	516887	G	O			CS
OYSTER 30 CT - JERSEY ROCK	CS CHOICE FARM ENGLAND 3-3.5"	England / Farmed	Dredge, TONGING	516654	G	O			CS
OYSTER 30 CT-WEST MERSEA ROCK	CS CHOICE FARM ENGLAND 3-3.5"	England / Farmed	Dredge, TONGING	516658	G	O			CS
OYSTER 60 CT - EFFINGHAM	BAG CHOICE FARM BC 3-3.75"	Canada / Farmed	Dredge, TONGING	516930	G	O			BG
OYSTER 12 CT - VILLAGE BAY	CASE 8x12PC RETAIL PACK NB	Canada / Farmed	Dredge, TONGING	516915	G	O			EA
OYSTER SHUCKED WEST COAST 8 oz	12/CASE PLASTIC TUB	Canada / Farmed	Dredge, TONGING	517041	G	O			EA
PATAGONIA SEA BASS 227g IVP	10/CS HOUSECUT RET. TOOTHFISH	France / Wild	Longline MSC Only	258095	Y	O	M		EA
PATAGONIA SEA BASS FILLET	REFRESH FRANCE TOOTHFISH MSC	France / Wild	Longline MSC Only	258140	Y	O	M		LB
PATAGONIA SEA BASS PRT SK-ON	BY/LB FRANCE TOOTHFISH	France / Wild	Longline MSC Only	258145	Y	O	M		LB
PATAGONIA SEA BASS**MSC** H&G	/LB FRANCE TOOTHFISH	France / Wild	Longline MSC Only	258130	Y	O	M		LB
PICKEREL FILLET FRESH	10 LB NET WEIGHT cs- CANADA	Canada / Wild	Bottom Gillnet	575680	Y	O	M		LB
PICKEREL FILLET IQF 454g	15/CS ONTARIO PUREPAC WALLEYE	Canada / Wild	Bottom Gillnet	575765	Y	O	M		EA
WHOLE PICKEREL	FRESH BY/LB	Canada / Wild	Bottom Gillnet	575821-BC	Y	O	M		LB
POMPANO WHOLE 1-2 LB	FRESH FLORIDA, USA	U.S.A. / Wild	Hook & Line, Seine	615760	Y	O			LB
PORGIES SCALED & GUTTED	FRESH BY/LB HOUSECUT CERTIFIED	U.S.A. / Wild	Hook & Line	616405	Y				LB
PORGIES WHOLE LARGE	FRESH BOSTON, USA	U.S.A. / Wild	Hook & Line	616400	Y				LB
SALMON CAPE D'OR WHOLE NS	10-12LB SIZE FRESH 50LB CS TW	Canada / Farmed	Land-based	660765	G	O			LB
SALMON CAPE D'OR *SCALED*	FRESH BY/LB GUTTED NS	Canada / Farmed	Land-based	660766	G	O			LB
SALMON CAPE D'OR FILLET PBO	FRESH BY/LB TRIM D NS FARM	Canada / Farmed	Land-based	661745	G	O			LB
SALMON CAPE D'OR PT *SKON	BY/LB FRESH N.S. OCEAN WISE	Canada / Farmed	Land-based	661748	G	O			LB
SALMON WHL KUTERRA 6-10 LB	30LB TW FRESH ATL B.C. FARM	Canada / Farmed	Land-based	660760	G	O			LB
SALMON WHL KUTERRA *SCALED*	FRESH BY/LB TW BC SCALED FARM	Canada / Farmed	Land-based	660761	G	O			LB
SALMON KUTERA FILLET HOUSECUT	FRESH BY/LB B.C. FARMED ATL.	Canada / Farmed	Land-based	661740	G	O			LB
SALMON FILLET KUTERRA/SAPPHIRE	10LB TW LAND BASED DENMARK	Canada / Farmed	Land-based	661735	G	O			LB
SALMON ATL BLUE CIRCLE WHL	CS 55 LB TW 5-6KG NORWAY	Norway / Farmed	Open Net	660770	Y	O			LB
SALMON ATL BLUE CIRCLE *S*	BY/LB *SCALED* NORWAY	Norway / Farmed	Open Net	660772	Y	O			LB
SALMON ATL BLUE CIRCLE FILLETS	BY/LB HOUSECUT NORWAY	Norway / Farmed	Open Net	661750	Y	O			LB
SALMON BLUE CIRCLE PORTIONS	BY/LB HOUSECUT NORWAY	Norway / Farmed	Open Net	661753	Y	O			LB
SALMON ANTARCTIC FILLETS 10 LB	FRESH TW CS SIXTY SOUTH	Chile / Farmed	Open Net	662030	Y	A			LB
SALMON **MSC** COHO *SCALED*	FRESH WILD USA MSC-C-51042	Alaska, U.S.A./Wild	Troll/Pole, Gill Nets	664130	G	O	M		LB
SALMON **MSC** COHO FILLETS	FRESH *WILD* USA MSC-C-51042	Alaska, U.S.A./Wild	Troll/Pole, Gill Nets	664247	G	O	M		LB
SALMON **MSC** COHO WHOLE WILD	FRESH 55 LB/TW USA MSC-C-51042	Alaska, U.S.A./Wild	Troll/Pole, Gill Nets	664125	G	O	M		LB
SALMON **MSC** KETA *SCALED*	FRESH WILD USA MSC-C-51042	Alaska, U.S.A./Wild	Troll/Pole, Gill Nets	665695	G	O	M		LB
SALMON **MSC** KETA FILLETS	FRESH *WILD* BC MSC-C-51042	Alaska, U.S.A./Wild	Troll/Pole, Gill Nets	665710	G	O	M		LB
SALMON **MSC** KETA WHOLE WILD	FRESH 55LB/TW USA MSC-C-51042	Alaska, U.S.A./Wild	Troll/Pole, Gill Nets	665690	G	O	M		LB
SALMON **MSC** SOCKEYE *SCALED*	FRESH WILD USA MSC-C-51042	Alaska, U.S.A./Wild	Troll/Pole, Gill Nets	665845	G	O	M		LB
SALMON **MSC** SOCKEYE FILLETS	FRESH *WILD* OCEAN WISE	Canada / Wild	Troll/Pole, Gill Nets	666050	Y	O	M		LB



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		Origin/Wild or Farmed	Harvest/Catch Method	Item No.	Green SeaChoice Yellow SeaChoice Ocean Wise MSC/ASC Certified	UM
SALMON **MSC** SOCKEYE WHOLE	FRESH 55 LB/TW USA MSC-C-51042	Alaska, U.S.A./Wild	Troll/Pole, Gill Nets	665885	G O M	LB
SALMON *MSC* COHO PORT 6-8oz	IVP 10 LB CASE USA MSC-C-51042	Alaska, U.S.A./Wild	Troll/Pole, Gill Nets	666450	G O M	LB
SALMON *WILD* SPRING FILLET	SKIN-ON PBO*WILD* CANADA	Canada / Wild	Troll/Pole, Gill Nets	666440	Y O	LB
SALMON COHO 4 UP *WILD*	FRESH WHOLE 55 LB/TW CANADA	Canada / Wild	Troll/Pole, Gill Nets	664121	Y O	LB
SALMON COHO 4 UP WHOLE *S*	FRESH *WILD* **SCALED**	Canada / Wild	Troll/Pole, Gill Nets	664080	Y O	LB
SALMON COHO FIL *WILD*	FRESH USA HOUSECUT CERT.	U.S.A. / Wild	Troll/Pole, Gill Nets	664200	G O	LB
SALMON COHO FIL *WILD*	FRESH USA HOUSECUT CERT.	U.S.A. / Wild	Troll/Pole, Gill Nets	664200	G O	LB
SALMON COHO FIL 2-3 SOBL WILD	30 LB TROLL-CANADA MSC-C-51042	U.S.A. / Wild	Troll/Pole, Gill Nets	664455	G O	LB
SALMON COHO FIL IVP RAW MSC	22.05 LB CASE NANUK BC W116	Alaska, U.S.A./Wild	Troll/Pole, Gill Nets	666445	G O	LB
SALMON COHO PORTION 6oz SKLS	IVP 26pc/cs ALASKA MSC-C-51042	Canada / Wild	Troll/Pole, Gill Nets	664371	Y O	EA
SALMON COHO STEAKS *WILD*	FRESH T/W *HOUSECUT CERTIFIED	Canada / Wild	Troll/Pole, Gill Nets	664255	Y O	LB
SALMON ORA KING 7.5oz PT SK-ON	21 PCS/CS 10LB NEW ZEALAND	New Zealand / Farm	Open Net	666465	Y O	EA
SALMON RED SPRING *WILD* 7/18	FRESH WHOLE 55 LB/TW CANADA	U.S.A. / Wild	Troll/Pole, Gill Nets	665401	G O	LB
SALMON RED SPRING WILD *S*	FRESH *WILD* **SCALED**	Canada / Wild	Troll/Pole, Gill Nets	665440	Y O	LB
SALMON SOCKEYE *SCALED*	FRESH *WILD* 4-LB SIZE T/W	Canada / Wild	Troll/Pole, Gill Nets	665840	Y O	LB
SALMON SOCKEYE *WILD* WHOLE	FRESH 4-9LB 55LB T/W USA/CAN	Canada / Wild	Troll/Pole, Gill Nets	665881	Y O	LB
SALMON SOCKEYE 340g IVP	10/CASE HOUSECUT RETAIL CANADA	Canada / Wild	Troll/Pole, Gill Nets	666092	Y O M	EA
SALMON SOCKEYE 6oz SKLS 66pc	CS IVP 66pc/CS CHINA MSC	Alaska, U.S.A./Wild	Troll/Pole, Gill Nets	666085	O M	EA
SALMON SOCKEYE 6oz SK-ON 26pc	CS IVP 26pc/CS USA MSC-C-51042	U.S.A. / Wild	Troll/Pole, Gill Nets	666103	Y O M	EA
SALMON SOCKEYE 5oz SKLS 32pc	CS IVP /CS MSC	U.S.A. / Wild	Troll/Pole, Gill Nets	666086	Y O M	EA
SALMON SOCKEYE 4oz SK-ON 40pc	CS IVP 38-42pc/CS USA MSC	U.S.A. / Wild	Troll/Pole, Gill Nets	666105	Y O M	EA
SALMON SOCKEYE FIL 1-3LB *WF	FZ 25 LB SKIN-ON VP CANADA	Canada / Wild	Troll/Pole, Gill Nets	666005	Y O M	LB
SALMON SOCKEYE FIL 1-3LB USA	FZ 25 LB SKIN-ON VP PBO	U.S.A. / Wild	Troll/Pole, Gill Nets	666006	Y O M	LB
SALMON SOCKEYE FIL 2-3LB NANUK	FZ 22.05LB SKIN-ON VP CAN W105	Canada / Wild	Troll/Pole, Gill Nets	665921	Y O M	LB
SALMON SOCKEYE FIL 1-3LB JS	FZ 20LB IVP JOHNSTONE STRAIT	U.S.A. / Wild	Troll/Pole, Gill Nets	666010	G O M	LB
SALTED HERRING FRESH	20 LB PAIL IN BRINE	Canada / Wild	Purse Seine	421441	G O	LB
SCALLOPS U-10 ** DRY ** TUBS	FRESH 8 LB WYSE BAY ATL USA	U.S.A. / Wild	Dredging	677121	Y O M	LB
SCALLOPS OU-10ct Dry USA 2x5LB	#1 IQF USA OLIVIA MSC-C-51042	U.S.A. / Wild	Dredging	677450	Y O M	LB
SCALLOPS 10-20 ** DRY ** TUBS	FRESH 8 LB WYSE BAY ATL USA	U.S.A. / Wild	Dredging	677161	Y O M	LB
SCALLOPS 10-20ct Dry USA 2x5LB	#1 IQF USA OLIVIA MSC-C-51042	U.S.A. / Wild	Dredging	677640	Y O M	LB
SCALLOPS 10-20ct Peru 20x454g	OceanPrime - HC	Peru / Farmed	Off-bottom Culture	677720	G O	LB
SCALLOPS 20-30ct Dry*OW* 2x5LB	Ocean Wise OLIVIA	Peru / Farmed	Off-bottom Culture	677804	G O	LB
SCALLOPS 20-30ct CAN 6X5 LB	#1 DRY - ROYAL FUNDY	Peru / Farmed	Off-bottom Culture	677840	G O	LB
SCALLOPS 40-60ct *OW* 2x5LB	Ocean Wise - PERU OLIVIA	Peru / Farmed	Off-bottom Culture	678020	G O	LB
SCALLOPS 60-90ct 20x454g	OceanPrime - PRINTED STAND UP	Japan / Farmed	Off-bottom Culture	678080	Y O	LB
SCALLOPS 08-10 HOKKAIDO 20X1LB	CS #1 SASHIMI OCEANPRIME JAPAN	China / Farmed	Dredging	677370	O	LB
SCALLOPS 08-10 HOKKAIDO 6x5LB	CS #1 SASHIMI CLEAROCEAN JAPAN	China / Farmed	Dredging	677400	O	LB
SCALLOPS 14-16 HOKKAIDO 6x5LB	CS #1 SASHIMI CLEAROCEAN JAPAN	China / Farmed	Dredging	677480	O	LB
SCALLOPS 14-16 HOKKAIDO 24X1LB	CS #1 SASHIMI OCEANPRIME JAPAN	China / Farmed	Dredging	677760	O	LB
SEA BREAM 400-600g WHOLE CS	FRESH 22.05 LB CS ORATA GREECE	Greece / Farmed	Net Pens	184081	Y	LB
SEA BREAM FILLETS EURO.	FRESH 100-125G ORATA GREECE	Greece / Farmed	Net Pens	184160	Y	LB
SEA URCHIN ROE *UNI*	EACH *FROZEN* 200g	Canada / Wild	Diver Caught	684660	G O	EA
SHRIMP PDTON 08-12*BT ASC Case	20x340g OCEANPRIME VIETNAM	Vietnam / Farmed	ASC Certified Ponds	705000	G O A	EA
SHRIMP PDTON 13-15 SELVA BT	20x1 LB CS BLACK TIGER VIETNAM	Vietnam / Farmed	Land-based Mangroves	705140	G O	LB
SHRIMP PDTON 13-15*BT ASC Case	20x340g OCEANPRIME VIETNAM	Vietnam / Farmed	ASC Certified Ponds	705210	G O A	EA
SHRIMP PDTON 16-20 BT SELVA	10X2LB CASE BLACK TIGER	Vietnam / Farmed	Land-based Mangroves	705340	G O	LB
SHRIMP PDTON 16-20*BT ASC Case	20x340g OCEANPRIME VIETNAM	Vietnam / Farmed	ASC Certified Ponds	705220	G O A	EA
SHRIMP PDTON 21-25*BT ASC Case	20x340g OCEANPRIME VIETNAM	Vietnam / Farmed	ASC Certified Ponds	705230	G O A	EA
SHRIMP PDTON 26-30*BT ASC Case	20x340g OCEANPRIME VIETNAM	Vietnam / Farmed	ASC Certified Ponds	705640	G O A	EA
SHRIMP PDTON 31-40 *BT SELVA	20X454 CS OCEANPRIME/VIETNAM	Vietnam / Farmed	Land-based Mangroves	706250	G O	LB
SHRIMP PDTON 31-40*BT ASC Case	20x340g OCEANPRIME VIETNAM	Vietnam / Farmed	ASC Certified Ponds	705250	G O A	EA
SHRIMP CPTON 31-40SELVA*20x1LB	CS VIETNAM	Vietnam / Farmed	Land-based Mangroves	703110	G O	LB
SHRIMP SO 16-20 WT* 20x454g	USA OCEAN WISE	U.S.A. / Farmed	Land-based	699664	Y	LB



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		Origin/Wild or Farmed	Harvest/Catch Method	Item No.					UM
SHRIMP SO 16-20 WT* 4x5LB	Farm SUSTAINABLE GREEN USA	U.S.A. / Farmed	Land-based	699660	G	O			LB
SHRIMP SO 21-25 WILD 20x454g	Wild USA SUSTAINABLE YELLOW	U.S.A. / Wild	Trawl	699670	Y				LB
SHRIMP SO 26-30 WT 20x454g	Wild USA SUSTAINABLE YELLOW	U.S.A. / Farmed	Land-based	700255	Y				LB
SHRIMP SO 26-30 WT 4x5LB	Farm SUSTAINABLE GREEN USA	U.S.A. / Farmed	Land-based	700250	G	O			LB
SHRIMP SOEP 02-4 GT/FW 20x454g	DEEP CUT OCEANPRIME BANGLADESH	Asia / Farmed	Ponds	698530	Y				LB
SHRIMP SOEP 04-6 GT/FW 20x454g	DEEP CUT OCEANPRIME BANGLADESH	Asia / Farmed	Ponds	698590	Y				LB
SHRIMP SOEP 08-12 *BT ASC Case	20x340g OCEANPRIME VIETNAM	Vietnam / Farmed	ASC Certified Ponds	699040	G	O	A		EA
SHRIMP SOEP 16-20 *BT ASC Case	20x340g OCEANPRIME VIETNAM	Vietnam / Farmed	ASC Certified Ponds	699510	G	O	A		EA
SHRIMP SOEP 16-20 *BT SELVA	CS 20x454g BLACK TIGER VIETNAM	Vietnam / Farmed	Land-based Mangroves	699482	G	O			LB
SHRIMP SOEP 26-30 *BT ASC Case	20x340g OCEANPRIME VIETNAM	Vietnam / Farmed	ASC Certified Ponds	699740	G	O	A		EA
SHRIMP SOEP 26-30 *BT SELVA	20x454g CASE VIETNAM	Vietnam / Farmed	Land-based Mangroves	699685	G	O			LB
SHRIMP SOEP 31-40 *BT ASC Case	20x340g OCEANPRIME VIETNAM	Vietnam / Farmed	ASC Certified Ponds	700210	G	O	A		EA
SHRIMP SOEP 31-40 *BT SELVA	20x454g CASE VIETNAM	Vietnam / Farmed	Land-based Mangroves	700290	G	O			LB
SHRIMP SPOT PRAWN TAILS 33x1LB	CASE FROZEN WILD B.C.*RAW*	Canada / Wild	Trap	684105	G	O			LB
SHRIMP HO-RAW SPOT PRAWNS WILD	BY/LB PROD. OF B.C.	Canada / Wild	Trap	684106	G	O			LB
SHRIMP SIDESTRIPE BC WILD	33x1LB FRZ TUB CANADA	Canada / Wild	Trap	684101	G	O			LB
SHRIMP FRESH LAUGHING BIRD	8 LB TUB P&D T-OFF 51-70ct	Costa Rica / Farmed	Controlled Farm	708850	Y	O			LB
SHRIMP HO-CKD PRAWNS 11.02LB	90-120ct/KG MSC Canadian	Canada / Wild	Trawl	703800	Y	O			LB
SHRIMP CPTON 21-25 BT ASC Case	20x340g OCEANPRIME VIETNAM	Vietnam / Farmed	ASC Certified Ponds	702760	G	O	A		EA
SHRIMP CPTON 26-30 BT ASC Case	20x340g OCEANPRIME VIETNAM	Vietnam / Farmed	ASC Certified Ponds	703120	G	O	A		EA
SHRIMP CPTON 31-40 BT ASC Case	20x340g OCEANPRIME VIETNAM	Vietnam / Farmed	ASC Certified Ponds	703130	G	O	A		EA
SHRIMP CPTOFF 150-250 20x1LB	COLDWATER MSC-C-51042 CANADA	Canada / Wild	Trawl	701962	G	O	M		EA
SHRIMP CPTOFF 250-350ct 4x5LB	OREGON MSC-C-51042 PINK WILD	Oregon, U.S.A./Wild	Trawl	701975	G	O	M		LB
SMOKED BLACK COD **FRESH**	CENTRAL *NET WEIGHT*/W	Canada / Wild	Bottom Longline/Trap	712440	G	O			LB
SMOKED BLACK COD FROZEN	CASE 20x200g CANADA WCS	Canada / Wild	Bottom Longline/Trap	712450	G	O			EA
SMOKED HALIBUT 200g	FROZEN 20/CS WCS	Canada / Wild	Bottom Longline	712740	Y	O			EA
SMOKED HERRING FIL - DIGBY'S	10 LB	Canada / Wild	Purse Seine	712600	G	O			CS
SMOKED HERRING FILLET PLAIN	5 LB BOS SMOKED FISH CANADA	Canada / Wild	Purse Seine	712810	G	O			LB
SMOKED HERRING WHOLE GOLDEN	1X18 LB * HEAVY-SMOKED *	Canada / Wild	Purse Seine	712760	G	O			LB
SMOKED HERRING WHOLE PLAIN	5 LB BOS SMOKED FISH CANADA	Canada / Wild	Purse Seine	712805	G	O			LB
SMOKED INDIAN CANDY WILD 227g	FROZEN 20/CS WCS FIC227-WC	Canada / Wild	Gill Net / Troll	713962	Y	O			EA
SMOKED KIPPER W-BUTTER WILD	MERSEY POINT 24X170g BOIL/BAG	Canada / Wild	Purse Seine	712840	G	O			EA
SMOKED MACKEREL FIL 5LB PEPPER	CASE BOS SMOKED FISH	Canada / Wild	Gill Net	712962	G	O			LB
SMOKED MACKEREL FIL LEMON/DILL	5 LB BOS SMOKED FISH CANADA	Canada / Wild	Gill Net	712974	G	O			LB
SMOKED MACKEREL FIL NATURAL 5	5 LB BOS SMOKED FISH CANADA	Canada / Wild	Gill Net	712967	G	O			LB
SMOKED MACKEREL FIL SPICED	10 LB BOS SMOKED FISH CANADA	Canada / Wild	Gill Net	712960	G	O			LB
SMOKED MACKEREL FILLET CAJUN	5 LB BOS SMOKED FISH CANADA	Canada / Wild	Gill Net	712971	G	O			LB
SMOKED MACKEREL WHOLE	5 LB BOS HOT SMOKED CANADA	Canada / Wild	Gill Net	712965	G	O			LB
SMOKED SALMON SOCKEYE 500g	NANUK 10X500 G W432 PSS	Canada / Wild	Gill Net / Troll	713760	Y	O			EA
SMOKED SALMON SOCKEYE 715g	NANUK 7X715 GR W430	Canada / Wild	Gill Net / Troll	713800	Y	O			EA
SMOKED SALMON SOCKEYE 85g	NANUK 30X85 GR W414 PSS CANADA	Canada / Wild	Gill Net / Troll	713680	Y	O			EA
SMOKED SALMON SOXI TRIMMINGS	CS FRZ 20x454g WILD WCS FLT-WC	Canada / Wild	Gill Net / Troll	714005	Y	O			EA
SMOKED SOCKEYE 200g *AIR PERM*	20/CS CANADA WCS	Canada / Wild	Gill Net / Troll	714368	Y	O			EA
SMOKED SOCKEYE CHAMPAGNE 200g	FROZEN 20/CS CANADA WCS	Canada / Wild	Gill Net / Troll	714378	Y	O			EA
SMOKED SOCKEYE LIMONCELLO	FROZEN 20x200g CANADA WCS	Canada / Wild	Gill Net / Troll	714385	Y	O			EA
SMOKED SOCKEYE LOX 200g	FROZEN 20/CS CANADA WCS	Canada / Wild	Gill Net / Troll	713705	Y	O			EA
SMOKED SOCKEYE LOX 85g	FROZEN 50/CS CANADA WCS	Canada / Wild	Gill Net / Troll	713700	Y	O			EA
SMOKED SOCKEYE LOX 85g *AP*	50/CS *AIR PERM* CANADA WCS	Canada / Wild	Gill Net / Troll	713702	Y	O			EA
SMOKED SOCKEYE NUGGETS *1KG*	MAPLE 5/CASE CANADA WCS	Canada / Wild	Gill Net / Troll	712973	Y	O			EA
SMOKED SOCKEYE SALMON 36g C/C	2x2.5 KG FOODSERVICE WCS	Canada / Wild	Gill Net / Troll	713630	Y	O			KG
SMOKED SOCKEYE STRIPS 227g	20/CS DBL SMKD WCS FSSTR227-WC	Canada / Wild	Gill Net / Troll	713707	Y	O			EA
SMOKED SOCKEYE WHISKEY 200g	20/CS JACK DANIEL'S CANADA WCS	Canada / Wild	Gill Net / Troll	714381	Y	O			EA
SMOKED STURGEON SLICED 100g	20/CS NB ACADIAN STRUG.	N.B. / Farmed	Land-based	714210	O				EA

Green SeaChoice
Yellow SeaChoice
Ocean Wise
MSC/ASC Certified



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SUSTAINABLE FISH & SEAFOOD

Item No.	Origin/Wild or Farmed	Harvest/Catch Method	Sustainability Certifications			UM
			Green SeaChoice	Yellow SeaChoice	Ocean Wise MSC/ASC Certified	
SMOKED STURGEON PATE 200g	12/CS NB ACADIAN STURG.	N.B. / Farmed	Land-based	714215	O	EA
SNAPPER AMERICAN RED 1-2	FRESH USA	U.S.A. / Wild	Hook & Line	715600	Y	LB
SNAPPER AMERICAN RED 2-4	FRESH TRINIDAD	U.S.A. / Wild	Hook & Line	715720	Y	LB
SNAPPER B.LINER 1-2 LB WHOLE	FRESH BY/LB CS- USA	U.S.A. / Wild	Hook & Line	715920	Y	LB
SNAPPER B.LINER 2-4	FRESH XLBL USA	U.S.A. / Wild	Hook & Line	716000	Y	LB
SNAPPER FIL 4-8oz B.LINER	FRESH NET WEIGHT FLORIDA USA	U.S.A. / Wild	Hook & Line	716200	Y	LB
SNAPPER FIL 8oz/UP B.LINER	FRESH NET WEIGHT FLORIDA USA	U.S.A. / Wild	Hook & Line	716240	Y	LB
SNAPPER FIL BC 2-4oz SKLS 10LB	IQF ROCKFISH CANADA	Canada / Wild	Trawl	125755	Y	LB
SNAPPER FIL BC 6-8oz SKLS 10LB	IQF ROCKFISH CANADA	Canada / Wild	Trawl	125800	Y	LB
SNAPPER FIL BC 8-10ozSKLS 10LB	IQF ROCKFISH CANADA	Canada / Wild	Trawl	125805	Y	LB
SNAPPER FIL PACIFIC BONED 10LB	FRESH ROCKFISH CANADA	Canada / Wild	Trawl	716280	Y	LB
SNAPPER PINK U-1 LB	FRESH USA	U.S.A. / Wild	Hook & Line	716720	Y	LB
SNAPPER WHL B.LINER 1-2LB*S/G*	FRESH SCALED GW FLORIDA USA	U.S.A. / Wild	Hook & Line	716880	Y	LB
SNAPPER WHL B.LINER 2-4LB*S/G*	FRESH SCALED GW FLORIDA USA	U.S.A. / Wild	Hook & Line	716920	Y	LB
SNAPPER WHOLE PINK *S/G*	FRESH SCALED GW USA	U.S.A. / Wild	Hook & Line	716980	Y	LB
SOCKEYE SALMON FILLETS	FRESH *WILD* USA	Canada / Wild	Troll/Pole, Gill Nets	666040	Y O	LB
SOCKEYE SALMON FILLETS	FRESH *WILD* USA	Canada / Wild	Troll/Pole, Gill Nets	666040	Y O	LB
SOLE FIL FRESH WEST CST cs-	DOVER/ROCK 10 LB CANADA	Canada / Wild	Trawl	723000	Y	LB
SQUID STEAKS HUMBOLDT 4-5oz	6x5 LB PERU OCEAN WISE BOS'N	Peru / Wild	Jig	742100	Y O	LB
SQUID CLEAN T&T 4-6" WILD USA	FRZ 10X2.5LB USA YELLOW CHC*WF	U.S.A. / Wild	Bottom Trawl	742090	Y	LB
SQUID TUBE OCEAN WISE 12x680g	U-10 JIG OCEANPRIME CHINA	Sea of Japan / Wild	Jig	743647	G O	EA
SQUID RINGS OCEAN WISE 12x680g	10-12mm 3-7cm JIG CAUGHT CHINA	Sea of Japan / Wild	Jig	743010	G O	EA
STRIPED BASS 1.5-2 medium FARM	FRESH WHOLE MEDIUM 50 LB USA	U.S.A. / Farmed	Land-based	763040	G O	LB
STRIPED BASS 1.5-2.5LB *S*	FRESH SCALED & GUTTED FARM USA	U.S.A. / Farmed	Land-based	763080	G O	LB
STRIPED BASS FILLET FARMED	FRESH NW HOUSECUT CERT. USA	U.S.A. / Farmed	Land-based	763360	G O	LB
STURGEON FILLETS B.C.	FRESH T/W HOUSECUT CERTIFIED	B.C. / Farmed	Land-based	764240	G O	LB
STURGEON FILLETS SK-ON FARM	TW CS 2-4KG N.B. ACADIAN STURG	N.B. / Farmed	Land-based	764245	O	LB
STURGEON LOINS BC FRESH/FROZEN	BY/LB NORTHERN DIVINE FARMED	B.C. / Farmed	Land-based	764230-bc	G O	LB
SWORDFISH *MSC* LOINS FRESH	BY/LB ATL CANADA MSC-C-51042	Canada / Wild	Harpoon	767406	G O	LB
TILAPIA FIL ** ALL NATURAL **	FRESH 10 LB ECUADOR	Ecuador / Farmed	Land-based	786280	G O	LB
TILAPIA FIL 4-6 oz	FRESH 10LB ECUADOR OCEAN WISE	Ecuador / Farmed	Land-based	785960	G O	LB
TILAPIA FIL 5-7 oz	FRESH 10LB ECUADOR OCEAN WISE	Ecuador / Farmed	Land-based	786040	G O	LB
TILAPIA FIL 7-9 OZ**	FRESH 10LB ECUADOR OCEAN WISE	Ecuador / Farmed	Land-based	786120	G O	LB
TROUT LAKE WHOLE DRSSD 2-4 LB	FRESH 50 LB PROD. OF ONTARIO	L. Huron, Can / Wild	Gill Net	818240	Y O	LB
TROUT LAKE FILLET WILD	FRESH NW HOUSECUT ONTARIO	L. Huron, Can / Wild	Gill Net	818280	Y O	LB
TROUT RAINBOW *SKINLESS* FILL	FRESH 10 LB	Canada / Farmed	Open Cage	818480	Y	LB
TROUT RAINBOW CS 32x5oz *SKLS*	FRESH PBO ONTARIO	Canada / Farmed	Open Cage	818940	Y	CS
TROUT RAINBOW DRESSED 10 LB	CASE FRESH WHOLE ONTARIO	Canada / Farmed	Open Cage	818720	Y	LB
TROUT RAINBOW FILLET	FRESH 10 LB PBO ONTARIO	Canada / Farmed	Open Cage	818920	Y	LB
TROUT RAINBOW FIL OCEAN WISE	FRESH 10LB ONTARIO	Canada / Farmed	Closed Containment	818150	G O	LB
TROUT STEELHEAD LOIS LAKE FLT	10 LB T/W 1-3LB Size FARM BC	Philippines / Wild	Semi-closed Floating Tanks	818203	O	LB
TUNA ALBACORE 340g IVP	10/CASE HOUSECUT RETAIL CANADA	Canada / Wild	Troll/Pole	821820	G O	EA
TUNA ALBACORE BELLY TORRO	5 KG/CASE	Canada / Wild	Troll/Pole	821785	G O	LB
TUNA ALBACORE LOINS IQF Y131	5KG/11.02 LBS VAC PACK CANADA	Canada / Wild	Troll/Pole	821780	G O	LB
TUNA LOIN *ALBACORE* FRESH	NW OREGON HOUSECUT MSC-C-51042	Canada/USA / Wild	Troll/Pole	821775	G O	LB
TUNA LOIN FRESH	NW YELLOWFIN PHILIPPINES	Philippines / Wild	Single Hook, Handline	821760	Y O	LB
TUNA LOIN CENTRE CUT	FRESH NW YELLOWFIN PHILIPPINES	Philippines / Wild	Single Hook, Handline	821720	Y O	LB
TUNA *B.L.O.* LOIN *SKIN-ON*	FRESH NW YELLOWFIN PHILIPPINES	Philippines / Wild	Single Hook, Handline	821763	Y O	LB
TUNA S/L *B.L.O. LOIN SKINLESS	FRESH NW YELLOWFIN PHILIPPINES	Philippines / Wild	Single Hook, Handline	821730	Y O	LB
TUNA PORTIONS SKINLESS	FRESH NW YELLOWFIN PHILIPPINES	Indonesia / Wild	Single Hook, Handline	821765	Y O	LB
TUNA SAKU 568g(2x10oz)	FROZEN PORTIONS V-P	Vietnam / Wild	Handline Caught	821840	Y O	BG
TUNA SAKU 8oz PRTN 10 LB #1	CASE IQF SEA DELIGHT VIETNAM	Indonesia / Wild	Handline Caught	822761	Y O	LB
TUNA SAKU 10oz PRTN 10 LB #1	CASE IQF ANOVA INDONESIA	Indonesia / Wild	Handline Caught	822765	Y O	LB



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TUNA SAKU LOINS 3-5 LB *CC*	15LB CS IVP ANOVA YELLOWFIN	Philippines / Wild	Handline Caught	822770	Y O	LB
WHITEFISH DRESSED **S*	FRESH SCALED NW HOUSECUT CERT.	Lake Superior/Huron	Trap Net	858565	Y O	LB
WHITEFISH DRESSED MEDIUM	FRESH 50 LB CASE CANADA	Lake Superior/Huron	Trap Net	858561	Y O	LB
WHITEFISH FILLET MEDIUM PBO	FRESH NW CANADA OCEAN WISE	Lake Superior/Huron	Trap Net	858640	Y O	LB
YELLOW PERCH LAKE FILLET	FRESH 10 LB CASE	Lake Erie / Wild	Gill Net	574081	Y O	LB
YELLOW PERCH LAKE IQF 340g	16/CASE ONTARIO PUREPAC	Lake Erie / Wild	Gill Net	574085	Y O	EA