



a Fresh Catch
since 1987



Fresh in Season

Chart

Available

Limited Supply

Not Available

seacore.ca

Seacore Seafood Inc. | 81 Aviva Park Drive, Woodbridge, ON L4L 9C1 | Tel. 905.856.6222 | 1.800.563.6222 | Fax. 905.856.9445 | orders@seacore.ca

FRESH Product	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
Amberjack												
Amberines												
Anchovies												
Arctic Char, Farmed												
Arctic Char, Wild												
Belt Fish												
Black Bass												
Black Cod /Sablefish - Wild												
Bluefish												
Blue Runner												
Bonita												
Butter Fish												
Catfish, Farmed												
Chiller / Sennett												
Chilean Sea Bass, Patagonian Toothfish *PF												
Clams, Cherrystone												
Clams, Littleneck												
Clams, Manila - farmed												
Clams, Pasta - Farmed												
Cobia, Farmed												
Cod, Atlantic												
Cod, Pacific Fresh												
Corvina												
Crab, Blue *Live												
Crab, Dungeness *Live												
Crab, King Gold/Brown *Live												
Crab, King Red *Live												
Crab, Snow *Live												
Crab, Soft Shell *Live												

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Crab, Stone - Flordia Claws	Available	Available	Available	Limited Supply	Available	Available	Available	Available	Available	Limited Supply	Available	Available
Croaker	Available	Available	Available	Available	Available	Available	Available	Available	Available	Available	Available	Available
Doctor Fish	Available	Available	Available	Available	Available	Available	Available	Available	Available	Available	Available	Available
Eel, Conga	Available	Available	Available	Available	Available	Available	Available	Available	Available	Available	Available	Available
Escolar	Available	Available	Available	Available	Available	Available	Available	Available	Available	Available	Available	Available
Flounder, Atlantic	Available	Available	Available	Available	Available	Available	Available	Available	Available	Available	Available	Available
Fluke/Lemon Sole	Available	Available	Available	Available	Available	Available	Available	Available	Available	Available	Available	Available
Goat Fish	Available	Available	Available	Available	Available	Available	Available	Available	Available	Available	Available	Available
Grouper, Black	Available	Available	Available	Available	Available	Available	Available	Available	Available	Available	Available	Available
Grouper, Red	Available	Available	Available	Available	Available	Available	Available	Available	Available	Available	Available	Available
Grouper, Scampi	Available	Available	Available	Available	Available	Available	Available	Available	Available	Available	Available	Available
Grouper, Snowy	Available	Available	Available	Available	Available	Available	Available	Available	Available	Available	Available	Available
Grouper, Strawberry	Available	Available	Available	Available	Available	Available	Available	Available	Available	Available	Available	Available
Grouper, Warsaw	Available	Available	Available	Available	Available	Available	Available	Available	Available	Available	Available	Available
Grouper, Yellow Edge	Available	Available	Available	Available	Available	Available	Available	Available	Available	Available	Available	Available
Grunts, Black Snapper	Available	Available	Available	Available	Available	Available	Available	Available	Available	Available	Available	Available
Haddock, Canadian, Icelandic	Available	Available	Available	Available	Available	Available	Available	Available	Available	Available	Available	Available
Halibut, Atlantic	Available	Available	Available	Available	Available	Available	Available	Available	Available	Available	Available	Available
Halibut, Pacific	Available	Available	Available	Available	Available	Available	Available	Available	Available	Available	Available	Available
Kingfish	Available	Available	Available	Available	Available	Available	Available	Available	Available	Available	Available	Available
Lake Perch, Yellow	Available	Available	Available	Available	Available	Available	Available	Available	Available	Available	Available	Available
Lobster, Canadian Hard Shell	Available	Available	Available	Available	Available	Available	Available	Available	Available	Available	Available	Available
Mackerel, Atlantic	Available	Available	Available	Available	Available	Available	Available	Available	Available	Available	Available	Available
Mackerel, Spanish	Available	Available	Available	Available	Available	Available	Available	Available	Available	Available	Available	Available
Mahi Mahi	Available	Available	Available	Available	Available	Available	Available	Available	Available	Available	Available	Available
Margarate, Jolt Heads	Available	Available	Available	Available	Available	Available	Available	Available	Available	Available	Available	Available
Marlin, Blue	Available	Available	Available	Available	Available	Available	Available	Available	Available	Available	Available	Available
Moon Fish	Available	Available	Available	Available	Available	Available	Available	Available	Available	Available	Available	Available
Monkfish	Available	Available	Available	Available	Available	Available	Available	Available	Available	Available	Available	Available

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Monkfish Liver												
Mullets, Black												
Mullets, Red												
Mussels, New Zealand *Live												
Mussels, PEI												
Opah												
Oysters West Coast												
Oysters, East Coast												
Pacific Snapper / Rockfish												
Parrot Fish												
Pickarel / Walleye												
Placie, Icelandic												
Pollock/Alaskan												
Pollock/Boston Blue												
Pompano												
Porgy												
Prawns, Spot - *Live BC												
Redfish												
Salmon, Atlantic - Farmed												
Salmon, Coho - Farmed												
Salmon, Coho - Wild												
Salmon, Keta/Chum - Wild												
Salmon, Pink - Wild												
Salmon, Red Spring/King/Chinook - Wild												
Salmon, Sockeye - Wild												
Sardines												
Scallops, Bay												
Scallops, Sea												
Sea Bass, European Branzini												

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Sea Bream, European Orata	Available	Available	Available	Available	Available	Available	Available	Available	Available	Available	Available	Available
Sea Urchin, Uni, Live	Available	Available	Available	Available	Available	Limited Supply	Limited Supply	Available	Available	Available	Available	Available
Skate	Limited Supply	Limited Supply	Available	Available	Available	Available	Available	Available	Available	Available	Available	Available
Smelts, Lake	Limited Supply	Limited Supply	Limited Supply	Limited Supply	Limited Supply	Limited Supply	Limited Supply	Limited Supply	Limited Supply	Limited Supply	Limited Supply	Limited Supply
Smelts, Sea	Available	Available	Available	Limited Supply	Limited Supply	Available	Available	Available	Available	Limited Supply	Available	Available
Snapper, American Red	Available	Available	Available	Available	Available	Available	Available	Available	Available	Available	Available	Available
Snapper, B. Liner	Limited Supply	Limited Supply	Limited Supply	Limited Supply	Limited Supply	Limited Supply	Available	Available	Available	Available	Available	Available
Snapper, Lanes	Available	Available	Available	Available	Available	Available	Available	Available	Available	Available	Available	Available
Snapper, Pink	Available	Available	Available	Available	Available	Available	Available	Available	Available	Available	Available	Available
Sole, Pacific - Dover, Rock, Petrale	Available	Available	Available	Available	Available	Available	Available	Available	Available	Available	Available	Available
Striped Bass, Wild	Limited Supply	Limited Supply	Limited Supply	Limited Supply	Limited Supply	Limited Supply	Limited Supply	Limited Supply	Limited Supply	Limited Supply	Limited Supply	Limited Supply
Striped Bass, Farmed	Available	Available	Available	Available	Available	Available	Available	Available	Available	Available	Available	Available
Sturgeon, Farmed	Limited Supply	Limited Supply	Limited Supply	Limited Supply	Limited Supply	Limited Supply	Limited Supply	Limited Supply	Limited Supply	Limited Supply	Limited Supply	Limited Supply
Swordfish	Limited Supply	Limited Supply	Available	Available	Available	Available	Available	Available	Available	Available	Available	Available
Tilapia, Farmed	Available	Available	Available	Available	Available	Available	Available	Available	Available	Available	Available	Available
Tilefish	Available	Available	Available	Limited Supply	Limited Supply	Limited Supply	Limited Supply	Limited Supply	Limited Supply	Limited Supply	Limited Supply	Limited Supply
Trout, Lake Wild	Limited Supply	Limited Supply	Limited Supply	Limited Supply	Limited Supply	Limited Supply	Limited Supply	Limited Supply	Limited Supply	Limited Supply	Limited Supply	Limited Supply
Trout, Rainbow Farmed	Available	Available	Available	Available	Available	Available	Available	Available	Available	Available	Available	Available
Tuna, Albacore	Limited Supply	Limited Supply	Limited Supply	Limited Supply	Limited Supply	Limited Supply	Limited Supply	Limited Supply	Limited Supply	Limited Supply	Limited Supply	Limited Supply
Tuna, Yellowfin	Available	Available	Available	Available	Available	Available	Available	Available	Available	Available	Available	Available
Turbot	Available	Available	Available	Available	Available	Available	Available	Available	Available	Available	Available	Available
Whitefish, Lake	Limited Supply	Limited Supply	Limited Supply	Limited Supply	Limited Supply	Limited Supply	Limited Supply	Limited Supply	Limited Supply	Limited Supply	Limited Supply	Limited Supply
Whiting/Hake	Limited Supply	Limited Supply	Limited Supply	Limited Supply	Limited Supply	Limited Supply	Limited Supply	Limited Supply	Limited Supply	Limited Supply	Limited Supply	Limited Supply
Wolffish - Lup de Mer	Limited Supply	Limited Supply	Limited Supply	Limited Supply	Limited Supply	Limited Supply	Limited Supply	Limited Supply	Limited Supply	Limited Supply	Limited Supply	Limited Supply
Wreckfish	Available	Available	Available	Available	Available	Available	Available	Available	Available	Available	Available	Available
Winkles	Limited Supply	Limited Supply	Limited Supply	Limited Supply	Limited Supply	Limited Supply	Limited Supply	Limited Supply	Limited Supply	Limited Supply	Limited Supply	Limited Supply

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