



## *Recipes For Your Delight*

[www.oceanprime.ca](http://www.oceanprime.ca)

### *Ingredients:*

4 pcs	OceanPrime Salmon Portions
2-3 cups	Water and White Wine, together
1/2 tsp	Coriander, Whole
1	Bay Leaf
1/2	Lemon, cut into slices
	Salt to taste

### *Classic Poached Salmon*

### *Cooking Instructions:*

1. Arrange salmon in a single layer in a skillet that is 2 inches deep.
2. Season to taste with salt.
3. Add enough water and white wine to completely cover the salmon.
4. Add Coriander seeds, bay leaf and lemon slices.
5. Slowly bring liquid barely to a simmer.

*Your Seafood Source!*