

Haddock Portions



All Seacore Seafood Products are 100% Net Weight

INGREDIENTS

Atlantic Haddock

AVAILABILITY

All year long

TEXTURE + FLAVOUR

Medium | Mild

SCC CODE

10628772414749

UPC-A | EAN-13

628772414742

PACKAGING TYPE

Retail Pack

ITEM NUMBER(S)

414740

AVAILABLE SIZE(S)

Cut from 4 to 6 oz Portions

MASTER CASE

10 x 454g

MASTER CASE WEIGHT

10 LB | 4.54 KG

UNIT WEIGHT

1 LB | 454g

CAUGHT

Wild

ORIGIN

Canada

Housecut.ca



Nutrition Facts Valeur nutritive

Per 1/2 Fillet (85g)
Par 1/2 Fillet (85g)

Amount Teneur	% Daily Value % valeur quotidienne
Calories / Calories 75	
Fat / Lipides 1 g	1 %
Saturated / saturés 0 g + Trans / trans 0 g	0 %
Cholesterol / Cholestérol 48 mg	
Sodium / Sodium 58 mg	2 %
Carbohydrate / Glucides 0 g	0 %
Fibre / Fibres 0 g	0 %
Sugars / Sucres 0 g	
Protein / Protéines 16 g	
Vitamin A / Vitamine A	1 %
Vitamin C / Vitamine C	0 %
Calcium / Calcium	3 %
Iron / Fer	5 %